



Board of Directors

Hybrid Meeting Minutes

April 14, 2022

Board of Directors Members Present:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

1. **Call to Order and Introductions** – Chair
2. **Revisions to the Agenda** – Chair
3. **Approval of the March 10, 2022, Minutes, Motion #22-17** – Chair..... Attachment
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board**Attachment
8. **Annual Crisis Assessment (Michael McAuley)**.....Attachment
9. **Report from the Finance Officer**.....Attachment
10. **Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a

Consent AgendaAvailable at Meeting

Motion #22-18

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1, 2022, through March 31, 2022, in the amount of **\$2,556,706.70**.
- Payroll for the month of March in the amount of **\$158,258.84** and associated employer benefits in the amount of **\$74,725.47**.

11. Action Items

For Board Approval

Summary:

Federal Block Grant/Peer Outreach Follow up Services

- In our MH & SUD approved COVID Federal Block Grant plans we set aside \$150,000 for Peer/Outreach Workers for crisis follow up for individuals with serious behavioral health challenges. The ASO is adding the peer outreach services to VOA's crisis follow up services. With the addition of peers/outreach workers VOA will be expanding the referral base for the program

Motion #22-19

- North Sound BH-ASO-VOA-ICCN-19-22 Amendment 7 to provide funding to hire two peer/outreach workers for the follow up service team at VOA. The maximum consideration on this Amendment is \$150,000. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.

Summary:

Recovery Navigator Program (RNP)

- North Sound has two LEAD programs in the region, in Snohomish and Whatcom counties. The RNP will be an enhancement to LEAD services. We will be contracting with the Snohomish County Prosecutors office and the Whatcom County Prosecutor's office.
- The Regional Navigator Program (RNP) will collaborate with Whatcom and Snohomish County LEAD programs to expedite implementation. Our goal of the first year is to increase capacity by adding additional staff and resources. For year two, if possible, we plan to place RNP's in other locations throughout those counties to provide broader range of coverage.
- The funding for each program is \$512,455 annually. Snohomish County will be receiving additional funds in July 2022 in a legislative proviso.
- Whatcom County contract term is on the same cycle as the other RNP contracts. Snohomish County requested a calendar year term.

Motion #22-20

- North Sound BH-ASO-Whatcom County-RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-Interlocal RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is January 1, 2022, through December 31, 2022, with an automatic one-year renewal on January 1, 2023, based on continued compliance with the terms of the contract.

Summary:

Amerigroup

- The ASO has begun negotiations with the Managed Care Organizations to increase our per member per month (PMPM) to cover the costs of their members for a 24/7/365 crisis service.
- Amerigroup has agreed to increase their PMPM from \$1.47 to \$3.05, their members have higher acuity and higher utilization of services

Motion #22-21

- Amerigroup Washington, Inc.-North Sound BH0-ASO-ASA-Amendment 2 for the purpose of increasing the monthly PMPM from \$1.47 to \$3.05 per member.

Summary:

Personnel Action

- Authorizing a 2.75% COLA for the Executive Director.

Motion #22-23

- Authorizing a 2.75% COLA to the Executive Director salary with an effective date of May 1, 2022.

12. Resolution Items

Summary:

Marie Jubie Resolution

- For Marie’s 29 plus years of dedication to the North Sound Regional Advisory Board we are here to pass a resolution honoring her service.

Resolution #22-001

- Resolution #22-001 honoring Marie Jubie’s service to the North Sound Regional Advisory Board.

13. Introduction Items

City of Mt Vernon-Mount Vernon Police Department

- The Health Care Authority set aside \$100,000 in COVID Block Grant Funds (\$25,000 Substance Abuse Grant and \$75,000 Mental Health Grant) for a co- responder project. The contract specified the funding must go to a law enforcement agency. The Mount Vernon Police Department had submitted a proposal to help fund their integrated co-responder outreach program. The total funding for this project is \$250,000, \$100,000 set aside for co-responder projects with Law Enforcement and \$150,00 in a mix of COVID Mental Health and Substance Abuse Block Grant funds. The funding will specifically fund staffing for the team, one mental health professional and one substance use disorder professional. The ASO funds are braided with other funding sources that the Mount Vernon Police Department is using.
- The model Mount Vernon Police Department is implementing a model that will achieve the following goals:
 - Change the capacity and capability for Mount Vernon Police Department to effectively respond and reduce the unhoused population who encounter the criminal justice system.
 - Provide an alternative to police officer responses, with non-police personnel, to calls where poverty, substance use disorder or behavioral health are primary factors versus criminal intent.
 - Provide outreach services specialists intensive case management support in order to offer wrap around services to the unhoused or high service utilizers who encounter the criminal justice system because they are not connected or inconsistently connected to traditional care providers.

Whatcom County-Co-Responder

- Whatcom County was the only bidder for the Whatcom Co-Responder RFP. The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The team made some recommendations to the ASO to consider while standing up these programs, specifically on how to measure success and acquire feedback from individuals having contact with the teams. The funding for this project is \$223,563 in COVID Mental Health and Substance Abuse Block Grant funds. The contract will be on the May 12, 2022, Board of Directors agenda for approval.
- Elements of the Whatcom County project are as follows:

- Whatcom County First Responder Co-Response Outreach Program model pairs Whatcom County Sheriff Behavioral Health Deputies with co-responder crisis staff to respond to behavioral health-related calls for service.
- The Whatcom County Sheriff's Office has two established behavioral health deputies trained in behavioral health call response. The addition of two, Masters level co-responder crisis staff will utilize the combined expertise of the deputies and co-responder crisis staff to provide early engagement interventions with person-centered de-escalation that uses least invasive interventions.
- The co-response team will employ field-based strategies to identify individuals with substance use disorders and mental health needs in a culturally competent, recovery oriented, trauma sensitive manner.
- The intent is to implement two approaches: 1) behavioral health deputy and co-responder crisis staff deploy together in the same vehicle for time periods of high call volume and 2) during low call volume periods, the co-responder crisis staff are available for calls by behavioral health deputies following dispatch, and the call is handled collaboratively.

14. Discussion Items

Child, Youth and Family Mobile Crisis

- Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.
 - Next steps
 - Feedback was provided to HCA on the Child, Youth and Family Mobile Crisis contract requirements expected in our July amendment.
 - Clinical staff have been researching best practices. Once the contract requirements are finalized our program design will be completed.
 - Operations Committee is setting up a workgroup to develop the materials for the Request for Information and subsequently the Request for Qualifications (RFQ)
 - Advisory and Board of Director/designee participation will be requested on the review of the RFQ.

15. Report from the Executive Director Attachments

16. Adjourn

Next Meeting: May 12th, 2022



Board of Directors

Hybrid Meeting Minutes

March 10, 2022

Board of Directors Members Present:

- **Peter Browning Chair**, Commissioner, Skagit County; Chair
- **Jill Johnson**, Commissioner, San Juan County, North Sound BH-ASO Chair
- **Cindy Wolf**, Council Member, San Juan County
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Heidi Beazizo**, Sr. Legislative Analyst, Snohomish County; designated alternate for Jared Mead, County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Sam Low**, County Council, Snohomish County
- **Kathy Kershner**, County Council, Whatcom County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

- Katelyn Morgan, Ombuds

Call to Order and Introductions – Chair

Chair Browning initiated introductions and called the meeting to order. He asked the Clerk of the Board to read the names of the attendees that were participating in person and via Zoom

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda. Joe Valentine commented that the agenda has been revised to accommodate the Board's request for more time for discussion on Action Items. The Board was in agreement with the revision.

Approval of the February 10th, 2022, Minutes, Motion #22-11 – Chair

Jill Johnson moved the motion for approval, Sam Low seconded, none opposed, no abstentions, motion #22-11 carried.

Comments & Announcements from the Chair

Chair Browning spoke about the County's concerns regarding CMS and hospital funding

Reports from Members

Chair Browning asked if there were reports from the counties. Whatcom, Island, Snohomish, San Juan, and Skagit all gave updates from their respective counties

Comments from the Public

There were no comments from the public

Report from the Advisory Board

Pat, O'Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board

Ombuds Presentation: Katelyn Morgan

The Ombuds 2021 Annual Report was presented. Questions were answered

Report from the Finance Officer

Joe Valentine and Darrell Heiner gave the Report from the Finance Officer. They answered questions from the Board members

Report from the Governance Operations Committee

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Consent Agenda

Motion #22-12

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from February 1st, 2022, through February 28th, 2022, in the amount of \$2,769,287.51.
- Payroll for the month of February in the amount of \$158,044.62 and associated employer benefits in the amount of \$74,029.70.

Jill Johnson moved the motion for approval, Sam Low seconded, none opposed, none abstained, all in favor, motion #22-12 carried

Action Items

For Board Approval

Summary:

Behavioral Health Enhancement Funds (BHEF)

BHEF is a reoccurring legislative proviso specific to workforce retention and recruitment in the behavioral health system. North Sound has focused the funding on our crisis continuum of care. The six-month proviso allocation is \$389,594, the additional funding of \$199,098 is from federal block grants funds designated for workforce initiatives. We solicit provider proposals with each six-month allotment. Proposals for the period of January through June 2022 resulted in the following allocations and specific actions.

- Compass Health BHEF funding is focused on the Mobile Crisis Outreach, Evaluation & Treatment and Triage workforce.
 - Funds will be used for increases in staff wage scales to improve retention and recruitment through a market-competitive pay structure. Newly developed wage scales offer accelerator scales at the first and third year of employment to encourage retention. In addition to wage increases, Compass is offering a 20% premium to on-call staff to increase our on-call pool for coverage, to support regular full and part time employees reduce burnout.
- Volunteers of America BHEF funding is focused on the crisis hotline workforce.
 - Credentialing reimbursement (DOH Licensing)
 - Retention bonus: >12 mo. bonus
 - Hiring Bonuses for 10 FTEs
- Pioneer Human Services BHEF funding is focused on the workforce at the Island County Ituha Stabilization Facility and Whatcom County Triage Facility.
 - PHS will increase the shift differential for both swing and graveyard shifts in order to encourage staff to stay with the programs. Additionally, the increase in wages is intended to

increase the number of individuals who are applying for any vacant positions for the withdrawal management and crisis stabilization programs.

- Telecare BHEF funding is focused on the Skagit County North Sound Evaluation and Treatment Center workforce.
 - Telecare will continue a retention bonus for our full-time prescriber as it has been challenging to maintain consistent. The retention bonus has resulted in consistent prescriber coverage 7 days a week for those hours. The recruitment portion is a 13-week program where the on-call pool, and other community-based RNs can be paid at a heightened scale to work a fixed number of shifts each week that have been difficult to staff.
- Evergreen Recovery Centers BHEF funding is focused on Lynnwood Acute Withdrawal Management workforce.
 - Funds will be used for added recruitment costs, signing bonuses, attendance, and retention rewards, paid sick leave for new employees with inadequate accrual to cover sick leave and retention bonuses to keep existing nurses in place.

Motion #22-13

- North Sound BH-ASO-Compass Health-ICCN-19-22 Amendment 8 providing BHEF in the amount of **\$200,000** for the period of January 1, 2022, through June 30, 2022. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Volunteers for America-ICCN-19-22 Amendment 6 providing BHEF in the amount of **\$29,934** for the period of January 1, 2022, through June 30, 2022. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Pioneer Human Services-ICCN-19-22-Amendment 8 providing BHEF in the amount of **\$70,200** for the period of January 1, 2022, through June 30, 2022. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Telecare-ICCN-19-22 Amendment 4 providing BHEF in the amount of **\$215,058** for the period of January 1, 2022, through June 30, 2022. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Evergreen Recovery Centers-ICCN-19-22 Amendment 6 providing BHEF in the amount of **\$73,500** for the period of January 1, 2022, through June 30, 2022. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Jackie Mitchell seconded, none opposed, no abstentions, all in favor, motion #22-13 carried

Summary:

Recovery Navigator Program (RNP)

Recovery Navigator Program is a new legislative proviso delineated in the Blake Bill (ESB 5476), the funding is to establish a RNP in all five counties. The RNP is an outreach and engagement service to individuals with substance use disorders, co-occurring disorders who are risk of arrest and/or have frequent contact with law enforcement. Services include, but are not limited to, facilitation and coordination of community resources, coordination and communication with law enforcement, prosecutors, program staff and other partners. Intensive case management and care coordination are the cornerstones of the services. The funding is renewable and fully funded for one year. The RNP funding was added to our off-cycle amendment in November, however the funding is for a one-time annual allocation, covering July 2021 – June 2022.

The three contracts below are a result of the Request for Qualifications [RFQ] released in January for Island, San Juan, and Skagit Counties. The responses to the Request for Qualifications were reviewed and scored by the BH-ASO RFQ evaluation committee on January 28. The committee was represented by two Advisory Board members, two county coordinators, one ASO staff member and two LEAD Technical Assistants (TAs). The March 1, 2022 contract start date is due to the RFQ finalization process during the month of February. For the other two counties, Snohomish, and Whatcom, the RNP will be contracted through the respective LEAD programs.

Motion #22-14

- North Sound BH-ASO-Island County-RNP-22 for the provision of RNP services in Island County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-22 for the provision of RNP services in Skagit County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-22 for the provision of RNP services in San Juan County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.

Kathy Kershner moved the motion for approval, Cindy Wolf seconded, none opposed, none abstained, all in favor, motion #22-14 carried

Summary:

Community Behavior Health Rental Assistance (CBRA)

The funding for rental assistance is provided by the Department of Commerce. Island County is the final contract being presented for approval; the other four counties were approved at the November 2021 Board meeting. All five counties have received CBRA funds for individuals discharging from inpatient/residential/corrections facilities. The rental assistance is intended to stabilize the individual in permanent supportive housing; however, short term housing can be accessed with these funds until a long-term housing solution is found. Each provider has additional funds for case management funded through

our federal block grant. The CBRA and FBG funding is renewable and is provided in six-month allocations. The providers for each county are listed below.

- Island County-Pioneer Human Services
- San Juan County-Compass Health
- Skagit County-Catholic Community Services and Lifeline Connections (HARPS provider)
- Snohomish County-Compass Health and Bridgeways
- Whatcom County-Lifeline Connections (HARPS provider) and Lake Whatcom Center

Motion #22-15

- North Sound BH-ASO-PHS-CBRA-22 for the provision of rental assistance to individuals with behavioral health challenges returning to Island County. The maximum on this contract is \$140,182 for period of March 1, 2022, through June 30, 2022. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Sam Low seconded, none opposed, no abstentions, all in favor, motion #22-15 carried

Summary:

Volunteers of America (VOA)

The Advisory Board asked the ASO to inquire of VOA if funding would be beneficial for the crisis hotline staff to help with work life balance during the pandemic. The Advisory Board has excess funding in their budget due the pandemic and wanted it to be used to help alleviate some of the stress and burnout crisis hotline staff might be experiencing. They offered \$10,000 in one time funding.

VOA is thankful to the Advisory Board for recognizing their work and is honored to be recognized by the Board. VOA employees identified the incentives listed below.

The proposal submitted and approved by the Advisory Board is as follows:

- Nutritional snack & food items available for all shifts (24/7/365) at no cost to the employees.
- Placing art/décor in the work setting to make the space more appealing and calming to staff. VOA would like to partner with local and indigenous artists. Since VOA will be moving into a new facility, this will help make the office environment a more welcoming place.

Motion #22-16

- North Sound BH-ASO-VOA-ICCN-19-22 Amendment 6 to provide one time funding of \$10,000 from the Advisory Board budget to help VOA with morale and retention of crisis hotline staff. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract

This motion was tabled until next month. The Board asked that the ASO speak to the auditor first. The information from the auditor will be brought back to the Board next month (April 14th, 2022).

Introduction Items

- Federal Block Grant/Peer Outreach Follow up Services

Background: In 2020, VOA instituted a suicide prevention and follow up service program through a SAMHSA (ERSP) Grant. The ERSP program funded through SAMHSA focused primarily on serving individuals in behavioral health crisis that need support and follow up, but do not qualify for the services offered by our regional mobile crisis outreach teams. Much of the referral base for the ERSP program came from area hospital emergency departments. The Grant was a short-term grant and expired in 2021, because the program was so popular with local hospitals VOA applied for Federal Block Grant funds to keep the program in existence. The program fit well in the suicide prevention funds set aside in the Mental Health COVID Grant. VOA submitted a proposal and was awarded the grant in November 2021. The funding continues the staffing provided in the SAMHSA Grant, three FTEs, two follow up crisis counselors/navigators and one follow up crisis coordinator. These funds were approved in VOA's January amendment.

April Action Item: In our MH & SUD approved COVID Federal Block Grant plans we set aside \$150,000 for Peer/Outreach Worker for crisis follow up for individuals with serious behavioral health challenges. It was determined by our Operations Team & Leadership Team the suicide prevention funds for follow up services were a nice enhancement to the VOA project. Our clinical team reached out to VOA to discuss the idea of adding peers to the crisis follow up service. VOA expressed interest in adding peers/outreach workers, it had been on their "wish list" for some time. The ASO determined it was a good fit to add the peer outreach services to VOA's crisis follow up services. With the addition of peers/outreach workers VOA will be expanding the referral base for the program.

Summary:

- Authorizing a 2.75% COLA for the Executive Director

Background: The Executive Director's performance evaluation was conducted in February, and it was determined the 2.75% COLA would be applied to the Executive Director's salary.

April Action Item: The motion will give the ASO authority to add the 2.75% COLA with an effective date of May 1, 2022.

There was conversation among the Board members regarding the ED's COLA. The feedback was that the COLA be retro to the start of the year, as the budget approved it accordingly, (even though his performance evaluation didn't take place until February).

Discussion Items

Proposal to provide an updated overview of the current BH-ASO structure and scope of services to each of the five North Sound County Councils/Commissions

All five counties took part in the discussion above.

- Skagit: would like the overview
- San Juan: would like the overview
- Snohomish: Heidi Beazizo will talk to Jared Mead and see if there is interest
- Whatcom: would like the overview and would like their Incarceration Task Force to be invited

Report from the Executive Director

Joe Valentine gave the report from the Executive Director. It included the following topics:

- BEHAVIORAL HEALTH LEGISLATIVE BILLS
- LEGISLATIVE BUDGET PROPOSALS
- COMMUNITY BEHAVIORAL HEALTH RENTAL ASSISTANCE [Update]
- HOMELESS OUTREACH STABILIZATION TEAM [HOST]
The Board asked that the Counties be invited to the upcoming HOST meeting
- WHATCOM COUNTY FIRST RESPONDER CO-RESPONSE OUTREACH PRORAM RFQ UPDATE
- CRISIS SERVICES UPDATE
- CRISIS SERVICES ASSESSMENT
- CLOSURE OF GREENHOUSE RESIDENTIAL TREATMENT FACILITY
- UPDATE ON CHANGES TO BH-ASO ORGANIZATIONAL STRUCTURE
- SUCCESSION PLANNING
- SOFT RE-OPENING OF NS BHASO OFFICE

Joe shared with the Board that we are proposing a soft-reopening of the BH-ASO office on April 1st. We are working on a “hybrid” business model that would balance in-office attendance requirements with telecommuting.

One proposal is to require staff to come into the office at least two days a month from April – June.

The Board asked that Joe and the ASO re-look at the proposal and take action to require staff to come into the office more often to support better synergy and interaction between staff. The concern is that relying primarily on virtual meetings will not support the energy and dynamics necessary to better plan and manage programs.

The other concern is that staff could become isolated in their work without immediate access to one another on a face-to-face basis. Board members shared that County offices have been open for quite a while now and that the ASO, like them, serves the public and there is an expectation to be available to serve.

Adjourn: 2:51 p.m.

Next Meeting: April 14th, 2022



Advisory Board Brief

April 8th, 2022

The Advisory Board met on April 5th and the following items were discussed:

— Advisory Board

- **Pre-Meeting: Michael McAuley, North Sound BH-ASO; Clinical Director provided highlights of the 2021 Annual Crisis Assessment and briefed members on the Co-Responder programs in the North Sound region**
- DREI Consultants provided a brief overview of the project progress.
- Charles DeElena, North Sound BH-ASO; Business Improvement Manager/Compliance Officer gave an overview of the Quality Management Plan content.
- Advisory Board Support to Volunteers of America staff will be further determined in May. Health Care Authority approved \$3,000 for food and snacks.
- Official electronic Vice Chair voting took place. Kara Allen will serve as the 2022 Vice Chair.
- Ad Hoc Committee reported back of recruitment strategies. Minor changes were made to the Board informational flyer to reflect accomplishments and diversity. A collection of community-based organizations is being collected. Outreach will be made to the organizations.
- Kara Allen has been appointed to serve on the Advisory Board Executive Committee.
- Discussion took place to reduce the size of the Board. The reduction in size will help alleviate pressure from the counties to fill vacancies. It was determined to set a goal number for each county. Further determination of the aim number will be discussed during the May meeting.
- Tribal appointment process to the Board was discussed. Tribal communities will appoint a tribal member. An official tribal appointment letter will be sent to the Board. The tribal member will attend an official Board orientation. This process will be incorporated into the bylaws.
- Vice Chair appointment process when the Chair resigns was discussed. The process will be incorporated into the bylaws.

- Advisory Board Hybrid meetings were discussed. Off site meeting rooms will be researched to accommodate a larger number of members. Board will continue to meet virtually until determined to meet in the hybrid model.
- Possible Board retreat was discussed. Location and date are being researched.
- Central Communication Platform is being researched to help improve communication between Board members.

— **Executive Director**

- The Executive Director reported on
 - Final legislative budget and provisos
 - New behavioral health programs assisted to BH-ASOs for FY 2022-2023
 - Proposed statewide BH-ASO legislative priorities for 2023
 - Homeless Outreach Stabilization Team [HOST]
 - Proposed Request for Qualification for children and youth mobile crisis teams
 - Crisis services update
 - Re-opening of North Sound BH-ASO Office
 - Presentation of three-year BH-ASO Update for North Sound County councils and commissioners
- The Action Items were passed and recommended to the Board of Directors

— **Finance/Executive Committee**

- The March Expenditures were passed and recommended to the Board of Directors for approval.

— **Advisory Board Resignation and Membership**

- Marie Jubie has resigned from the Board. She was recognized for her 29 loyal years to the Advisory Board. Marie was presented with an honorable plaque.
- Current vacancies
 - **Island – 2**
 - **San Juan – 3**
 - **Skagit – 1**
 - **Snohomish – 2**
 - **Whatcom - 2**



2021 Annual North Sound BH-ASO Crisis Assessment

Briefing Prepared for:
BH-ASO Advisory Board
BH-ASO Board of Directors

Michael McAuley
Clinical Director
Spring, 2022

What We'll Cover:

- Annual Crisis Assessment – Requirements and Framework
- 2021 Key Findings
- Follow up activities from our 2020 Annual Crisis Assessment
- 2021 Strategies to Improve the Crisis System
- 2022 Key Opportunities

Annual Crisis Assessment – Our Approach

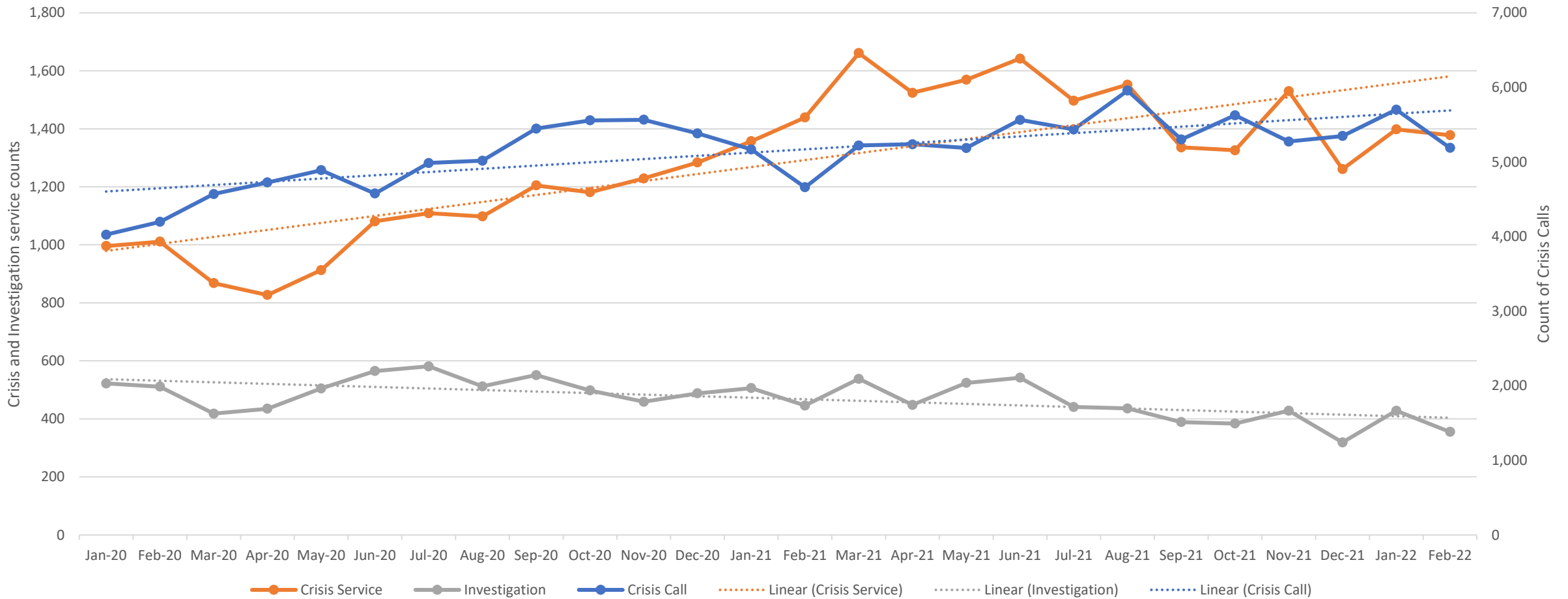
- Health Care Authority (HCA) Contractual Requirement – Outlines key metrics and activities.
- National Best Practices – Substance Abuse and Mental Health Administration (SAMHSA) and the National Council for Behavioral Health.
- Focus on the full Crisis Care Continuum – acknowledging the importance of a well integrated system from early Pre-Crisis/Prevention supports to Post Crisis care.

Crisis Services Key Findings - 2021

- Continuation of historically high number of calls to our Crisis Line – 32% increase from 2020.
- Involuntary Treatment Act (ITA) Designated Crisis Responder (DCR) Investigations – Overall net increase of 10.6%.
- Regional DCR Detentions –Decrease in number of total detentions; Increase in regional detention rates. i.e., higher percentage of investigations that result in detentions.
- Total number of unduplicated people receiving a crisis service increased 12%.
- Despite increase in services, our crisis providers outperformed contractual performance metrics.

Crisis Services: 2020 - 2022

North Sound BH-ASO Crisis Data - dates Jan-20 to Feb-22



Crisis System Coordination - Key Findings

- Facilitated and provided staff support: Interlocal Leadership Structure, the Joint Operating Committee, Integrated Provider meetings, and Crisis Services Leadership meetings.
- Supported Local County Crisis Oversight Committees that include broad participation from providers, hospitals, EMS, Law enforcement, Jails, county legal representation.
- Led the development of a health data sharing platform with the Managed Care Organizations (MCOs) created by Collective Medical Technologies (CMT).
- Developed reporting and care coordination protocols with MCOs to strengthen care supports for individuals receiving crisis services.

Strategies to Improve Crisis System – Key Findings

- Expanded funding for Crisis Line, including post-crisis follow up supports (Emergency Response Suicide Prevention program) to include peer/lived experience.
- Targeted BH Enhancement Funds that supported recruitment and retention at our crisis agencies
- Expanded funding for Mobile Crisis Outreach Teams.
- Funded new Law enforcement and first responder co-response programs
- Continued capacity funding for Crisis Stabilization facilities in Snohomish, Skagit, Island and Whatcom counties.
- Updated our Regional Crisis Service Training Module (2022) as part of our Community Information and Education Plan (CIEP).
- Implemented cross-system health data sharing platform (CMT) so that Crisis providers have access to pertinent crisis plan and provider information to inform and coordinate services.

Our Follow up to our 2020 Annual Crisis Assessment

Below is a summary of the **2020 stakeholder survey recommendations** that North Sound BH-ASO has or will implement in 2021-2022:

- Increase funding **partnerships with Law enforcement** to implement community-based co-response programs
- Strengthen access to **Crisis Stabilization and Triage services** – our capacity funding supports a ‘no wrong door’ approach.
- Expand access to Non-Medicaid **outpatient and residential services**.
- Fund new programs such as VOA’s **Emergency Response Suicide Prevention (ERSP)** program that provides ongoing care management and navigation support
- Fund **specialized outreach for homeless populations** such as the Homeless Outreach Stabilization and Transition (HOST) program and Co-Response programs target homeless and unhoused populations.

2022 Key Opportunities

- Expand funding for pre-crisis prevention and follow up/post-crisis care supports.
- Continued expansion of co-responder programs and support of training and education around behavioral health needs.
- Continue funding Crisis Stabilization and Triage capacity – formulate action plan on addressing care crisis continuum gaps.
- Partner closely with DOH and HCA on 988 Implementation – support enhancements to crisis line and mobile crisis outreach services.
- Develop and implement a model for Child and Youth crisis outreach services and a greater use of Certified Peer Counselors as part of the crisis care continuum.
- Continue to refine protocols for providing more targeted services to high utilizers using the new care management reports and health data sharing platforms.

Questions/Discussion

North Sound Behavioral Health Administrative Services Organization April 14th, 2022 Board of Directors Financial Notes

HIGHLIGHTS

1. The Budget to Actuals looks pretty good. Our state funds are showing a large positive variance due to receiving the November amendment amount in January. Inpatient Treatment is trending upwards and about half of the variance is due to a large, old inpatient bill we received from HCA. Mental Health crisis stabilization is currently showing a large variance, but I expect it to level off towards June. Withdrawal Management is continuing to increase. Most of the large positive expense variances are due to programs not running yet. Other SUD services has a large positive variance due mainly to the Recovery Navigator programs not running yet.
2. The Revenue and Expense statement is currently showing a large income which is mainly due to the payment of the November amendment amounts in January. We do appear to have more expenditures in March as opposed to prior months but I believe this is due to a couple late billings we received.
3. The one thing to note is the Medicaid fund balance, it has all been drawn down and the negative fund balance will need to be covered with State General Fund dollars, which we have enough of to cover. The good news is that we have had initial meetings with all five MCOs and they generally seem to be receptive to our proposed PMPM rate increases.
4. The tabled motion #22-16 for the Advisory Board expenditure of \$10,000 is being moved to the May meeting. We reached out to the Health Care Authority (HCA) to inquire whether the use of Advisory Board funds could be used to support VOA employee retention. The HCA responded stating they would approve \$3,000 for food and snacks. The Advisory Board will discuss at their May meeting to determine whether they recommend to the Board of Directors to move forward with the \$3,000 award.

NOTES

1. We are presenting the financial statements for March 2022 for the Behavioral Health Administrative Services Organization (ASO).
2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.

3. The North Sound BH-ASO adopts “calendar year” budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].
5. Within ‘State General Funds’, allocations are further subdivided between general state funds, and the multiple “Proviso” funds allocated for specific services.
6. We have added two new lines at the bottom of the “Revenue and Expense” tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for MARCH 2022*
BUDGET TO ACTUALS**

<u>REVENUES</u>	2022 Budget	YTD 2022 Budget	YTD 2022 Actual	Variance Favorable (Unfavorable)	
Intergovernmental Revenues					
HRSA	\$ 333,333	83,333	79,561	(3,773)	
MHBG	3,088,440	772,110	649,126	(122,984)	
SABG	5,339,865	1,334,966	2,074,418	739,452	
State Funds	25,083,404	6,270,851	10,778,670	4,507,819	Got Novem
Medicaid (MCO)	5,102,632	1,275,658	1,292,152	16,494	
Total Intergovernmental Revenues	38,947,674	9,736,919	14,873,927	5,137,008	
Misc. Revenue **	0	0	227,246	227,246	Transfer fro
Interest Revenue	3,500	875	682	(193)	
TOTAL REVENUES	\$ 38,951,174	\$ 9,737,794	\$ 15,101,855	\$ 5,364,062	
<u>EXPENDITURES</u>					
Inpatient Treatment	\$ 1,150,000	287,500	\$ 684,196	(396,696)	Large old bil
ITA Judicial	2,300,000	575,000	418,475	156,525	
Crisis Services	14,639,597	3,659,899	3,499,868	160,031	
MH Crisis Stabilization	1,500,000	375,000	645,360	(270,360)	Should be fir
E&T Services	1,100,000	275,000	285,335	(10,335)	
E&T Discharge Planner	107,294	26,824	19,374	7,450	
Jail Services	367,536	91,884	79,126	12,758	
PACT Services	511,716	127,929	108,496	19,433	
MHBG Expenditures ***	1,371,893	342,973	225,458	117,515	
HARPS & DOC Housing	1,197,343	299,336	302,018	(2,683)	
DMA County Contracts	581,292	145,323	134,485	10,838	
SABG Expenditures ****	3,920,240	980,060	920,861	59,199	
Withdrawal Management	900,000	225,000	333,644	(108,644)	Running a bi
HRSA	304,921	76,230	108,675	(32,445)	
Juvenile Drug Court	139,800	34,950	31,795	3,155	
Other MH Services *****	1,244,501	311,125	243,009	68,116	
Other SUD Services	3,046,419	761,605	21,862	739,742	Recovery Ne
Ombuds	216,000	54,000	41,350	12,650	
Advisory Board	19,998	5,000	0	5,000	
Subtotal - Services	34,618,550	8,654,638	8,103,388	551,249	
Administration	4,332,624	1,083,156	989,721	93,435	
TOTAL EXPENDITURES	\$ 38,951,174	\$ 9,737,794	\$ 9,093,109	\$ 644,684	

Excess of Revenues Over (Under) Expenditure. \$ 6,008,746

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

NORTH SOUND BH-ASO**Warrants Paid****March 2022**

Type	Date	Num	Name	Amount
Bill Pmt -Check	03/04/2022	542714	Bridgeways	-35,605.04
Bill Pmt -Check	03/04/2022	542737	Community Action of Skagit Co	-30,892.06
Bill Pmt -Check	03/04/2022	542738	Compass Health	-160.50
Bill Pmt -Check	03/04/2022	542793	Greater Columbia BH-ASO	-1,875.18
Bill Pmt -Check	03/04/2022	542836	Lifeline Connections	-7,987.00
Bill Pmt -Check	03/04/2022	542952	Sea Mar	-2,950.91
Bill Pmt -Check	03/04/2022	542962	SHI	-947.54
Bill Pmt -Check	03/04/2022	542877	St Joseph Medical Center, Peace I	-37,246.99
Bill Pmt -Check	03/04/2022	542993	Telecare Corporation	-26,162.54
Bill Pmt -Check	03/04/2022	542996	Therapeutic Health Services	-4,162.62
Bill Pmt -Check	03/04/2022	543010	US Bank	-1,207.69
Bill Pmt -Check	03/04/2022	542984	WA State Auditors Office	-812.70
Bill Pmt -Check	03/04/2022	543026	Whatcom Co Superior Court	-13,632.00
Bill Pmt -Check	03/11/2022	543104	Brigid Collins	-10,629.62
Bill Pmt -Check	03/11/2022	543175	Great Rivers BH	-16,987.00
Bill Pmt -Check	03/11/2022	543376	Health Care Authority	-184,811.27
Bill Pmt -Check	03/11/2022	543189	Island County Human Services	-35,694.70
Bill Pmt -Check	03/11/2022	543224	Lake Whatcom Center	-22,397.57
Bill Pmt -Check	03/11/2022	543231	Lifeline Connections	-156,207.50
Bill Pmt -Check	03/11/2022	543170	Lippman, Glenn	-4,243.75
Bill Pmt -Check	03/11/2022	543269	Office Depot	-44.35
Bill Pmt -Check	03/11/2022	543250	Osborne, Michelle, JD Associates	-7,000.00
Bill Pmt -Check	03/11/2022	543298	Rhema Electric LLC	-386.50
Bill Pmt -Check	03/11/2022	543371	Smokey Point Behavioral Hospital	-17,631.00
Bill Pmt -Check	03/11/2022	543331	SRS Property Management	-10,952.00
Bill Pmt -Check	03/11/2022	543281	St Joseph Medical Center, Peace I	-27,588.23
Bill Pmt -Check	03/11/2022	543347	Telecare Corporation	-38,955.00
Bill Pmt -Check	03/11/2022	543356	Tulalip Tribes	-6,837.58
Bill Pmt -Check	03/11/2022	543370	Verizon	-2,757.70
Bill Pmt -Check	03/11/2022	543373	Volunteers of America	-185,483.28
Bill Pmt -Check	03/11/2022	543385	Whatcom County Health Departme	-42,175.18
Bill Pmt -Check	03/18/2022	543404	Access	-1,094.93
Bill Pmt -Check	03/18/2022	543443	cascade Behavioral Hospital LLC	-3,526.20
Bill Pmt -Check	03/18/2022	543461	Consejo Counseling	-3,069.25
Bill Pmt -Check	03/18/2022	543467	Davenport Group Inc	-83,688.96
Bill Pmt -Check	03/18/2022	543513	Dixon, James-Reim	-300.00
Bill Pmt -Check	03/18/2022	543428	Fairfax Hospital	-40,480.50
Bill Pmt -Check	03/18/2022	543490	Firstline Communications (All Phas	-1,240.79
Bill Pmt -Check	03/18/2022	543539	Lake Whatcom Center	-18,000.00
Bill Pmt -Check	03/18/2022	543648	Snohomish Co Human Services	-336,852.14
Bill Pmt -Check	03/18/2022	543663	Telecare Corporation	-21,147.00
Bill Pmt -Check	03/18/2022	543696	Wave Business	-601.20

NORTH SOUND BH-ASO**Warrants Paid****March 2022**

Bill Pmt -Check	03/18/2022	543698	Whatcom County Health Departme	-16,039.20
Bill Pmt -Check	03/25/2022	543739	Buri Funston Mumford Furlong	-105.00
Bill Pmt -Check	03/25/2022	543744	cascade Behavioral Hospital LLC	-30,325.32
Bill Pmt -Check	03/25/2022	543747	Catholic Community Services	-38,399.36
Bill Pmt -Check	03/25/2022	543766	Comcast	-354.97
Bill Pmt -Check	03/25/2022	543767	Community Action of Skagit Co	-25,875.08
Bill Pmt -Check	03/25/2022	543768	Compass Health	-759,769.35
Bill Pmt -Check	03/25/2022	543769	Consejo Counseling	-3,290.25
Bill Pmt -Check	03/25/2022	543874	Drake, Megan-reimbursement	-112.63
Bill Pmt -Check	03/25/2022	543799	Evergreen Recovery	-27,411.96
Bill Pmt -Check	03/25/2022	543811	Frontline Cleaning Services LLC	-650.00
Bill Pmt -Check	03/25/2022	543859	Lake Whatcom Center	-18,000.00
Bill Pmt -Check	03/25/2022	543865	Lifeline Connections	-444.76
Bill Pmt -Check	03/25/2022	543883	Mount Baker Presbyterian Church	-1,468.51
Bill Pmt -Check	03/25/2022	543897	NW ESD 189	-7,575.55
Bill Pmt -Check	03/25/2022	543913	Pioneer Center	-82,126.15
Bill Pmt -Check	03/25/2022	543740	Robinson, Caileigh	-300.00
Bill Pmt -Check	03/25/2022	543937	Sea Mar	-6,045.00
Bill Pmt -Check	03/25/2022	543943	Shred-it	-123.00
Bill Pmt -Check	03/25/2022	543956	Skagit County Public Health	-35,490.00
Bill Pmt -Check	03/25/2022	544021	Smokey Point Behavioral Hospital	-40,198.68
Bill Pmt -Check	03/25/2022	543987	Telecare Corporation	-4,798.48
Bill Pmt -Check	03/25/2022	543995	Therapeutic Health Services	-2,775.08
Bill Pmt -Check	03/25/2022	543994	Tulalip Tribes	-7,102.40
Bill Pmt -Check	03/31/2022	IGT	Skagit County Auditor	-3,500.00
				<u>-2,556,706.70</u>
				<u>-2,556,706.70</u>
				<u>-2,556,706.70</u>

1. RETIREMENT OF MARIE JUBIE FROM NORTH SOUND BH-ASO ADVISORY BOARD

- Long time North Sound Behavioral Health Advisory Board member, Marie Jubie, has announced her intent to resign from the Advisory Board.
- Marie has represented Snohomish County on the Advisory Board for 29 years as it transitioned from a RSN to a BHO to a BH-ASO.
- She has been a vigorous and effective advocate for views and perspectives of persons with lived experience.
- She has also been a well-known and respected legislative advocate for the rights of persons with disabilities in Olympia and has coordinated and led delegations of North Sound Advisory Board member on annual advocacy trips to the legislature.
- Her passion, knowledge and experience will be sorely missed.

2. FINAL LEGISLATIVE BUDGET AND PROVISOS

- The final budget passed by the Legislature [5693], added over \$250 million for behavioral health services.
- This included the 7% rate increase for Behavioral Health agencies effective January 2023. It also included \$100 million in relief funds for BHAs to bridge them over to the January rate increase. There was a subsequent decision to also provide these relief funds **to cover non-Medicaid services as well.**
- The budget bill also included **130 provisos** related to behavioral health. [See Attachments # 1 and 2]

3. NEW BEHAVIORAL HEALTH PROGRAMS ASSIGNED TO BH-ASOS FOR FY 2021-2023

Program	Status
Recovery Navigator Program	Implemented in FY 2022; FY 2022 Supplemental Budget provides increased funding for Snohomish County
Community Behavioral Health Assistance [CBRA]	Funded for FY 2021-2022, funding will continue in FY 2022-2023, North Sound contracts in place.
Homeless Outreach Stabilization Team	Funded for FY 2022-2024. RFQ will be issued in April for to select contractor for North Sound
Co-Responder Grant	State GF-S proviso grant of \$100,000 included in FY 2021-2023 for North Sound. Contract offered to Mt. Vernon Police Department

Whatcom County Co-Response Program	To be funded with COVID Block Grant Funds. RFP complete, contract with Whatcom County will be proposed for Board of Directors approval
Whatcom County Diversion Pilot	State Proviso Dollars provided \$200,000 for FY 2021-2022 and another \$200,000 in the FY 2022 Supplemental Budget
Children and Youth Mobile Crisis Team	Funding provided for FY 2022-2024. Requirement to stand up the crisis teams by July 2022 included in our January 2022 HCA-ASO contract amendment
Youth Inpatient Navigator	2022 Supplemental budget funds 4 regional youth inpatient navigator teams for FY 23 and 6 more to be added by FY 2025. North Sound has chosen to wait until next fiscal year for implementation
Assisted Outpatient Treatment [AOT]	HB 1733 Establishes an expanded AOT program. BH-ASOs required to create an AOT Coordinator to be funded by monies allocated by the FY 2022 supplemental budget. Signed by Governor on March 30.

4. PROPOSED STATEWIDE BH-ASO LEGISLATIVE PRIORITIES FOR 2023:

- Continuing the request for dedicated funding for ITA court costs based on the results of the cost study ITA called for in the 2022 Operating Budget bill
- Ensuring that the role and expertise of BH-ASOs in managing regional crisis systems are fully taken into account in planning for implementation of the 988 system
- Ensuring there is adequate funding to cover the costs of an expanded use of Assisted Outpatient Treatment as called for in HB 1733
- Ensuring there is network adequacy for behavioral health services, especially for crisis services

5. QUARTERLY BH-ASO “CHECK IN” MEETING WITH HCA LEADERSHIP

- The Quarterly North Sound BH-ASO check in meeting with HCA was held on April 13.
- Agenda topics proposed by the North Sound included: clarifying the role of an ASO given all of the new program and reporting responsibilities being assigned to them, the challenges in implementing so many new programs given workforce shortages and overlap between programs, and HCA expectations for expanding crisis teams.

6. HOMELESS OUTREACH STABILIZATION TEAM [HOST]

- An RFQ for the HOST program will be released at the beginning of April.
- Representatives from the Advisory Board, Counties, and Board of Directors will be invited to participate on the RFQ review panel.

7. PROPOSED RFQ FOR CHILDREN AND YOUTH MOBILE CRISIS TEAMS

- As of July 1, our new HCA-ASO contract will requires us to implement at least one Children and Youth Mobile Crisis Teams
- It will need to be based on the “Mobile Crisis Stabilization Services” model developed in other states [this will be introduced as a discussion item for the April Board meetings].

8. PLAN TO IMPROVE COORDINATION BETWEEN BH-ASO FUNDED PROGRAMS AND COUNTY FUNDED BEHAVIORAL HEALTH PROGRAMS

- As a follow up to the discussion at the March 10 Board of Directors meeting, we have begun to work on a plan to improve coordination between BH-ASO programs and County behavioral health programs.
- A draft of the plan will be reviewed at the May 6 County Coordinators meeting and then introduced for discussion at the May 12 Board of Directors meeting.
- Recommended strategies will include developing an inventory of BH-ASO programs and County funded programs that appear to be serving similar populations and have similar goals.

9. CRISIS SERVICES UPDATE

- Weekly Crisis Capacity Indicator Report – through April 8 [attachment #3]. The number of Calls to the Crisis Line and dispatches of mobile crisis teams have fluctuated over the last few weeks, but the general trend line continues to climb. There has been an increase in particular in the dispatch of mobile crisis teams.
- The monthly dashboard, through the month of February, can be found in the April Advisory Board meeting packet at: <https://www.nsbhaso.org/who-we-are/boards-and-committees/advisory-board> .

10. RE-OPENING OF NORTH SOUND BH-ASO OFFICE

- We have officially re-opened the North Sound BH-ASO Office for staff and visitors as of April 4.
- We will continue to follow whatever the current COVID safety protocols are that are recommended by the Department of Health and Labor & Industries.
- Completion of the COVID-19 Self-Screening checklist will continue to be required for visitors. Staff will be required to complete the Self-Screening check list at least through the month of April.
- Staff who cannot provide proof of vaccination will be required to wear masks while in the office. Staff who are vaccinated will not be required to wear masks but will be supported if they choose to.
- We will transition to a “hybrid” model combining in-office office attendance requirements with tele-commuting arrangements. During the month of April, staff will be required to come into the office 4 days a month, and 8 days a month thereafter.

- Meetings involving external visitors or committee members will need to be scheduled in advance since we only have one conference room that can safely accommodate more than two persons.

11. PRESENTATION OF THREE YEAR BH-ASO UPDATE FOR NORTH SOUND COUNTY COUNCILS AND COMMISSIONS

- A presentation has been developed to update the North Sound County Councils and Commissions on the current scope of responsibilities of the North Sound BH-ASO and how BH-ASO administered programs affect counties [attachment #4]

Legislative Update

Proposed Budget Behavioral Health

- ▶ Adds approximately \$250 Million to BH Budget for SFY 2023
- ▶ \$100 million in provider relief funds
- ▶ 7% rate increases
- ▶ CLIP Bed increase in phased in basis up to 72 bed by the end of FY2023
 - ▶ CLIP rates increased by an additional 4.5% effective January 2023
- ▶ Opioid Awareness Prevention and Response to Overdose: Prioritize naloxone distribution for programs or settings

Passed Policy Bills

▶ Prenatal through 25 behavioral health bills

- ▶ HB 1800 Behavioral health / minors
- ▶ HB 1890 Children behavioral health
- ▶ SB 5736 Minors/behavioral Health

▶ Housing Supports

- ▶ SB 5883 Homeless Youth / Healthcare
- ▶ HB 1905 Homelessness / youth discharge
- ▶ HB 1866 Supportive Housing
- ▶ HB 1860 Behavioral Health Discharge
- ▶ HB 1724 Supportive Housing Resources

Passed Policy

- ▶ HB 1818 Re-Entry and Rehabilitation
- ▶ SB 5644 Behavioral Health Co-Response
- ▶ SB 5664 Forensic Competency
- ▶ HB 1773 Assisted outpatient treatment
- ▶ Law Enforcement use of force
 - ▶ ESHB 2037 Police officers/use of force
 - ▶ SHB 1735 Peace officers/use of force
- ▶ SB 5796 Cannabis Revenue

2022 Behavioral Health Convened Budget Review Notes

# Community BH Sec. 215	Proviso	Notes
4	Trueblood Diversion Grants	\$10 million GFS for FY2023 and \$219,000 federal (Medicaid)
5	Increase funding for PACT teams	
7	7% Rate increase	Language added on a 7% rate increase: Behavioral health administrative service organizations must provide a two percent rate increase to providers receiving state funds for non-Medicaid services under this section effective July 1, 2021, and a seven percent rate increase effective January 1, 2023. HCA must (1) require behavioral health administrative service organizations to submit information related to reimbursements to counties made for involuntary treatment act judicial services, and (2) submit a report to OFM and Legislature with complete fiscal year 2022 reimbursements
39	BH Outcomes under integrated managed care.	HCA seek input from managed care organizations (MCOs), licensed community behavioral health agencies, and behavioral health administrative service organizations to develop specific metrics related to behavioral health outcomes under integrated managed care. HCA must integrate these metrics into an annual reporting structure designed to evaluate the performance of the behavioral health system in the state over time:
40	IOP / PH	Of the amounts provided in this subsection \$2,850,000 GFS for FY 2023 is provided solely to expand pilot sites to a third location.
58	7% managed care rate increase	Managed care increase, wraparound is covered in #7
59	CLIP Bed Increase	\$1,307,000 of the general fund—state appropriation FY 2022, \$5,217,000 of the general fund—state appropriation FY 2023, and \$6,524,000 of the general fund—federal appropriation provided to increase the number of beds and rates for community children's long-term inpatient program providers. Number of beds increased on a phased in basis to 62 beds by the end of FY 2022 and to 72 beds by the end of FY 2023. Rates increased by two percent effective July 1, 2021, and by an additional 4.5 percent effective January 1, 2023.
60	PCAP rate increase 4.5%	Language added for 4.5% rate increase: \$117,000 of the general fund—state appropriation FY 2022, \$251,000 of the general fund—state appropriation for FY 2023, and \$265,000 of general fund—federal appropriation to

		increase rates for parent child assistance program providers by two percent effective July 1, 2021, and by an additional 4.5 percent effective January 1, 2023.
66	Mobile Crisis Services King Co.	\$13,374,000 GFS2022, \$15,474,000 GFS2023 and \$13,743,000 GF-Fed solely for increasing local behavioral health mobile crisis response team. - minimum 6 new Children / youth mobile crisis teams (c) of these amounts \$3,000,000 GFS2023 and \$2,012 of GF-fed are provided solely to increase capacity for Mobile Crisis Services in King Co. Must supplement and not supplant.
73	FCS / 1115 waiver supportive housing funding	\$1,991,000 GF-fed and ((\$810,000) \$1,147,000 GF-local
87	(2) 16 Bed Facilities – Clark County	\$349,000 of GFS2022 and \$1,849,000 of GFS2023 \$942,000 GF-Fed To contract for services at
88	WISe Medicaid ineligible youth (undocumented)	\$250,000 of the general fund—state appropriation FY 2022 and \$956,000 of the general fund—state appropriation FY 2023 are provided solely for wraparound with intensive services for youth ineligible for medicaid as outlined in the settlement agreement under <i>AGC v. Washington State Health Care Authority</i>
90	Opioid Awareness	\$6,010,000 GFS2023 and \$990,000 of GF-Fed for Authority in coordination with the department of health, to deploy Opioid Awareness campaign and - contract with syringe service programs - other services assisting people with SUD Prevent and respond to overdoses - Provide other harm reduction services and supplies Including but not limited to - distributing naloxone - fentanyl and other testing supplies - expanding contingency management services Prioritize - naloxone distribution for programs or settings that are least likely to be able to bill Medicaid. -Of these amounts \$1,000,000 GFS2023 Opioid awareness campaign targeted at youth to increase the awareness of the dangers of Fentanyl.

91	Opioid Treatment Providers	\$2,382,000 GFS2023 and \$6,438,000 GF-Fed bundled payment arrangement Rate increase is effective January 1, 2023
92	FCS Bridge	\$2,387,000 of GFS2023 Bridge period for individuals enrolled in FCS who are transitioning from benefits due to increased income or other changes in eligibility.
93	Behavioral Health Medical Respite	\$1,574,000 of the general fund—state appropriation FY 2023 for HCA to contract with a program to provide medical respite care for individuals with behavioral health needs. HCA must work with the Medicaid managed care organizations to encourage their participation and assist the plans and the contractor in identifying mechanisms for appropriate use of Medicaid reimbursement in this setting.
94	Trueblood Master Leasing	\$490,000 of the general fund—state appropriation for FY 2023 is provided solely to create a master leasing incentive program with specific emphasis on <i>Trueblood</i> programs. HCA shall also create a toolkit for use by landlords serving special populations. HCA and Commerce collaborate.
95	3 regional BH housing stabilization response teams – Supported housing	\$664,000 GFS FY2023 and \$154,000 of GF-Fed To prevent individuals with behavioral health conditions at high risk of or who are experiencing or at risk of homelessness
96	Low-Barrier Housing First model	\$6,027,000 of the general fund—state appropriation FY 2023 and \$2,009,000 of the general fund—federal appropriation to create and expand access to no barrier, and low-barrier programs using a housing first model designed to assist and stabilize housing supports for adults with behavioral health conditions. HCA collaborates with Commerce
97	Rental Voucher and bridge program	\$775,000 of the general fund—state appropriation for FY 2023 to create a rental voucher and bridge program and implement strategies to reduce instances where an individual leaves a state operated behavioral or private behavioral health facility directly into homelessness. -HCA must prioritize this funding for individuals being discharged from state operated behavioral health facilities
99	Executive Management Information System	\$382,000 of the general fund—state appropriation FY 2023 and \$254,000 of the general fund—federal appropriation for HCA, in collaboration with DSHS RDA Division, to implement community behavioral health service data into the existing executive management information system. -HCA and RDA must consult with OFM and staff from legislative fiscal committees on the development and implementation of the community behavioral health data elements.

100	Behavioral health services delivery guide	\$300,000 of the general fund—state appropriation FY 2023 for HCA to contract with a consultant to develop a Washington state behavioral health service delivery guide. HCA must consult with behavioral health stakeholders and is permitted to enter into a data sharing agreement necessary to facilitate the production of the guide.
101	ITA Transportation Study	\$100,000 of the general fund—state appropriation FY 2023 for HCA to conduct a study on involuntary treatment access barriers related to transportation issues. HCA must also modify the current unavailable detention facilities report to identify reasons a bed was not available.
102	Recovery Navigators	\$2,000,000 of the general fund—state appropriation FY 2023 for HCA to increase contracts for recovery navigator services established in chapter 31 Laws of 2021 (ESB 5476). These amounts must be allocated to increase funding for recovery navigator services in King, Pierce, and Snohomish counties.
103	Alternative Response Teams (Previously Co-responder)	\$4,213,000 of the general fund—state appropriation FY 2023 for HCA to support efforts by counties and cities to implement local response teams. HCA will provide a grant to association of Washington cities to assist cities with the costs of implementing alternative response teams.
104	Provider Relief Funds	\$100,000,000 of the coronavirus state fiscal recovery fund—federal appropriation for, on a one-time basis, HCA to address behavioral health treatment access issues resulting from workforce shortages and impacts of the COVID-19 public health emergency. Funding must be used to provide one-time assistance payments to nonhospital-based community behavioral health treatment providers receiving payment for Medicaid services contracted through the Medicaid managed care organizations or behavioral health administrative service organizations. -HCA begin distributing funding ASAP, with distribution completed by 10/1/22
105	UW Law enforcement pilot training study	\$500,000 of the general fund—state appropriation FY 2023 for HCA to contract with the University of Washington addictions, drug, and alcohol institute. This funding must be used to develop, refine, and pilot a new, advanced, evidence-based training for law enforcement to improve interactions with individuals who use drugs.
106	CCBHCs	\$300,000 of the general fund—state appropriation FY 2023 and \$300,000 of the general fund—federal appropriation, on a one-time basis, for HCA to explore the development and implementation of a sustainable, alternative payment model for comprehensive community behavioral health services, including the certified community behavioral health clinic (CCBHC) model.

107	Colville Tribe cultural healing model grant	\$60,000 of the general fund—state appropriation FY 2023, on a one-time basis, for HCA to provide a grant to develop an integrative cultural healing model to be implemented and managed by the Confederated Tribes of the Colville Reservation.
108	Pregnant and Parenting People Grays Harbor facility	\$1,135,000 of the general fund—state appropriation FY 2023 and \$568,000 of the general fund—federal appropriation to develop and operate a 16-bed substance use disorder inpatient facility in Grays Harbor county that specializes in treating pregnant and parenting women using a family preservation model. HCA must contract for these services through behavioral health entities in a manner that allows leveraging of federal Medicaid funds to pay for a portion of the costs. HCA consult with DCYF in funding implementation.
109	City of Snoqualmie BH Emergency Response Pilot	\$150,000 of the general fund—state appropriation FY 2023, on a one-time basis, for HCA to provide a grant to the city of Snoqualmie to pilot behavioral health emergency response and coordination services through a regional behavioral health coordinator.
110	Rural behavioral health access study	\$50,000 of the general fund—state appropriation FY 2023 is provided, on a one-time basis, for HCA to conduct a study and provide data regarding challenges to receiving behavioral health services in rural communities.
111	Recovery Community	\$250,000 of the general fund—state appropriation FY 2023 for HCA to contract for services with a statewide recovery community organization.
112	Pro-Bono Counseling	\$500,000 of the general fund—state appropriation FY 2023 for HCA to provide a one-time grant to a nonprofit organization to establish a program to provide pro bono counseling and behavioral health services to uninsured individuals with incomes below 300 percent of the federal poverty level. -Services related to the funding must begin no later than 4/1/23
113	Youth Inpatient Navigators	\$2,148,000 of the general fund—state appropriation FY 2023 and \$499,000 of the general fund—federal appropriation for HCA to contract for youth inpatient navigator services in four regions of the state. Of these amounts, \$445,000 of the general fund—state appropriation and \$79,000 of the general fund—federal appropriation are provided solely to contract for services through an existing program in Pierce county.
114	Licensed youth residential psychiatric substance abuse and mental health agency located in Clark and Spokane Counties	\$1,500,000 of the general fund—state appropriation FY 2023 for a contract with a licensed youth residential psychiatric substance abuse and mental health agency located in Clark and Spokane counties for reopening evaluation and treatment units, increasing staff capacity, treating patients with cooccurring substance use and acute mental health disorders, and expanding outpatient services for young adults ages 18 through 24.
115	Assisted Outpatient treatment - HB 1773	\$4,377,000 GFS and \$919,000 GF-Fed

116	BH/ Minors HB 1800	\$257,000 GFS solely for the implementation
117	BH Discharge HB 1860	\$115,000 GFS \$218,000 GF-Fed
118	CYBHWG Strategic plan HB 1890	\$563,000 of the general fund—state appropriation FY for 2023 for the children and youth behavioral health work group to consider and develop longer term strategies and recommendations regarding the delivery of behavioral health services for children, transitioning youth, and their caregivers and meet the requirements of 2SHB 1890 (children behavioral health).
119	Homelessness / Youth Discharge HB 1905	\$427,000 GFS and \$183,000 GF-Fed
120	Continuous Medicaid eligibility for youth aged 0-6	\$759,000 of the general fund—state appropriation FY 2023 and \$759,000 of the general fund—federal appropriation for HCA to extend continuous eligibility for apple health to children ages zero to six with income at or below 215 percent of the federal poverty level. CMS must approve the 1115 Medicaid waiver prior to the implementation of this policy.
121	Contingency Management	\$500,000 of the general fund—state appropriation FY 2023 to increase contingency management resources in accordance with chapter 311, Laws of 2021 (ESB 5476).
122	Apple house + Homes HB 1866	\$79,000 GFS and \$78,000 GF-Fed
123	CCBHC's	\$5,000,000 of the general fund—state appropriation FY 2023 is provided solely for bridge funding grants to community behavioral health agencies participating in federal certified community behavioral health clinic expansion grant programs to sustain their continued level of operations following expiration of federal grant funding during the planning process for adoption of the certified community behavioral health clinic model statewide.
124	Forensic Competency Programs 5664	\$12,000 GFS
125	Peer workforce expansion pilot in Clark Co.	\$50,000 of the general fund—state appropriation FY 2023 for HCA to contract with worldbridgers for a peer workforce expansion pilot project to increase certified peer support counselors in Clark County.
126	Short term residential crisis stabilization program for youth with severe behavioral health diagnosis	\$48,000 of the general fund—state appropriation for FY 2023 and \$49,000 of the general fund—federal appropriation for HCA to create a short-term residential crisis stabilization program (RCSP) for youth with severe behavioral health diagnoses. (Leg. intent to fund beginning in 2023-2025 fiscal biennium)

127	Safe housing information and support for youth exiting inpatient behavioral health	\$50,000 of the general fund—state appropriation for FY 2023 for HCA to provide information and support related to safe housing and support services for youth exiting inpatient mental health and/or substance use disorder facilities
128	Opioid treatment providers – 5 mobile vans	\$2,825,000 of the general fund—state appropriation FY 2023 and \$797,000 of the general fund—federal appropriation for HCA to contract with opioid treatment providers to purchase five mobile methadone units and to contract for the operations of those units to fill treatment gaps statewide.
129	ITA refused service study	\$290,000 of the general fund—state appropriation for FY 2023 and \$58,000 of the general fund—federal appropriation for a task force on individuals who experience refusals of service for involuntary behavioral health treatment and then are referred to our state hospitals for forensic competency evaluation and restoration services. HCA staffs and serves on task force.
130	3 BH response teams in King Co.	\$3,990,000 of the general fund—state appropriation for FY 2023 is provided with the downtown emergency service center to contract for three behavioral health response teams in King County.
Section 211 (110)	BH Integration in primary care clinics for children and youth.	administering \$4M+ in grants to pediatric clinics. We've discussed in the PCTM Team meeting that we'll be that infrastructure to fulfill the part of creating a sustainable funding model (103(b)).
Section 211 (105)	Behavioral Health Support Specialists	\$70,000 of the general fund—state appropriation for FY 2023 and \$65,000 of the general fund—federal appropriation is provided solely for the HCA to collaborate with the DOH and UW to develop a licensure and regulatory program for behavioral health support specialists consistent with the provisions of SB 5884.
CBH Omnibus 13	Behavioral health personal care	Medicaid MCOs are responsible for paying the state match for Medicaid personal care services exceptional rates that are required because of an enrollee's complex BH needs. Funding: \$2,323,000
CBH Omnibus 19	Trueblood Crisis Stabilization	Pursuant to the Trueblood settlement agreement, funding is adjusted in the phase one region to reflect increased costs for crisis stabilization services and to account for an accelerated opening date for two facilities in King County Funding: 3,999,000
CBH Omnibus 20	Child Assessment & Diagnosis	Increase provider training for the current version of the diagnostic classification: 0-5 classification system of MH and developmental disorders of infancy and early childhood Funding: \$450,000
CBH Omnibus 24	Mobile Crisis Teams	Increasing local BH mobile crisis response team capacity in King Co.

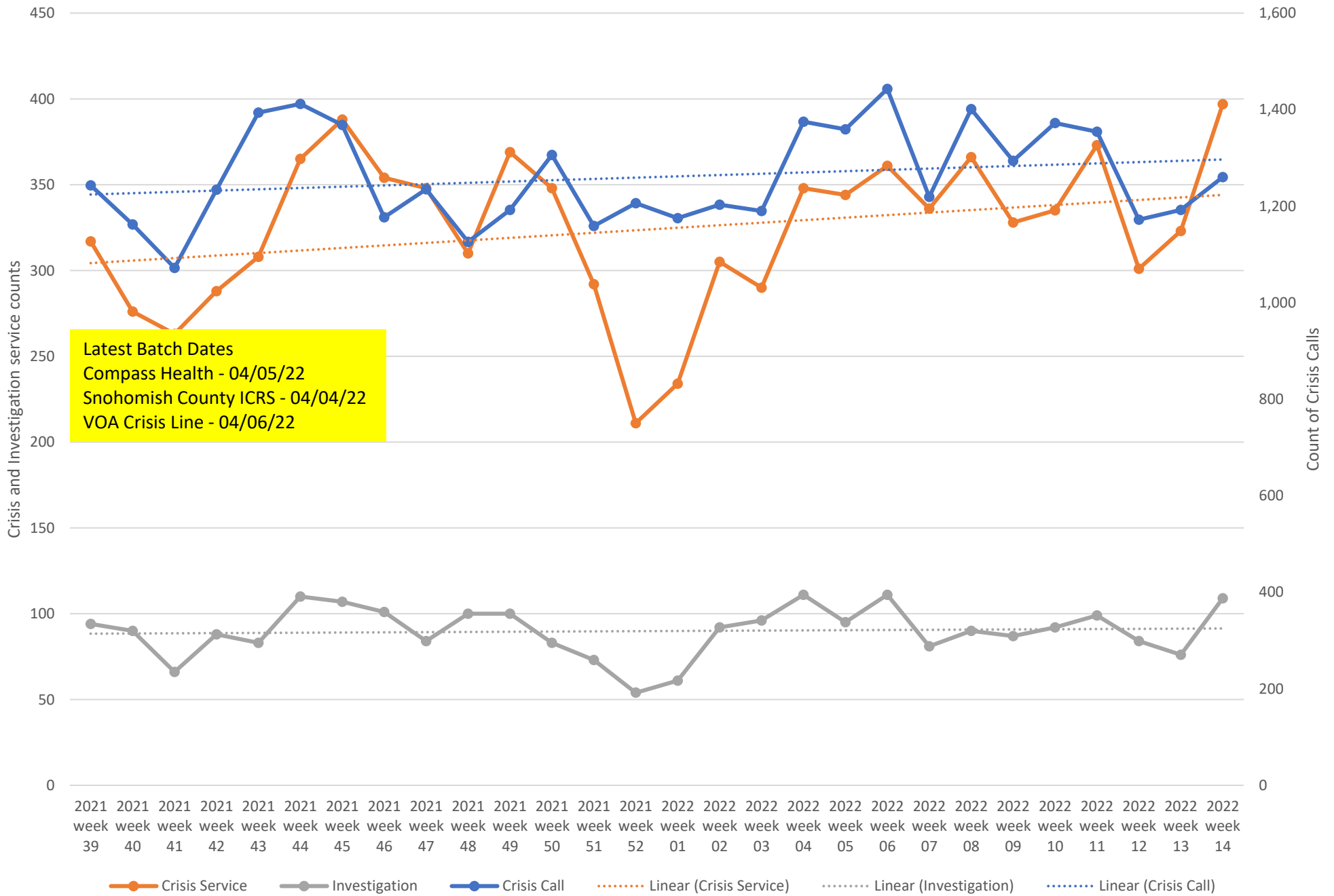
CBH Omnibus 51	Tribal Advisory Board	Funding \$125,000
CBH Omnibus 53	Tribal Crisis Responders	Funding \$137,000
CBH Omnibus 67	Problem Gambling Treatment Services	Funding: \$91,000
CBH Omnibus 77	Crisis Stabilization Facilities	Coming online in 2025



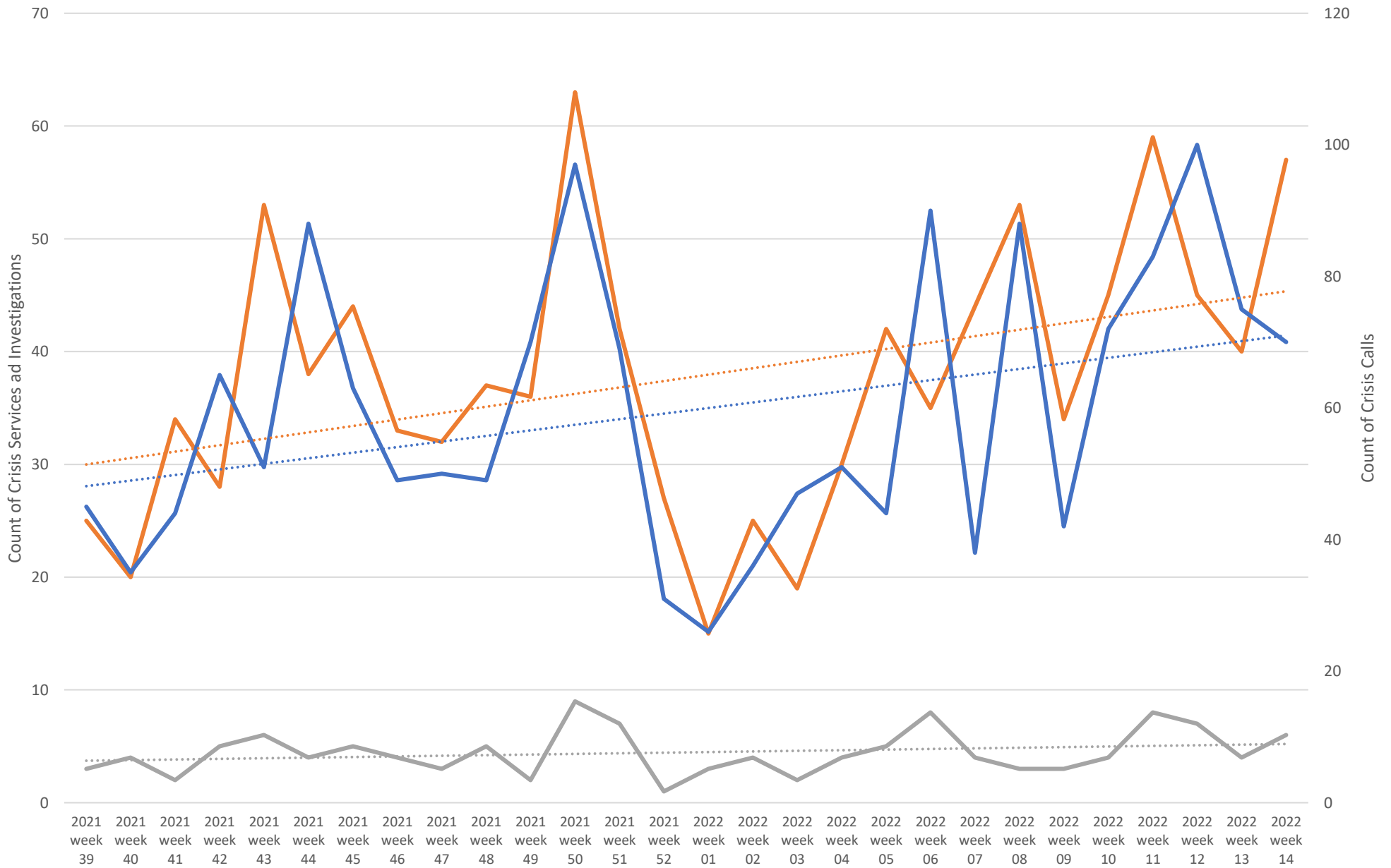
Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 09/19/21 to 04/02/22
Page 3	Crisis Data: Ages 0-17 - dates 09/19/21 to 04/02/22
Page 4	All DCR Dispatches - dates 09/19/21 to 04/02/22
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 09/19/21 to 04/02/22
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 09/19/21 to 04/02/22
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	New COVID-19 Cases Reported Weekly per 100,000 population - 12/29/20 to 04/06/22
Page 13	Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average
Page 14	HB 1310 Data collected with LE Declines 09/19/21 to 04/02/22
Page 15	HB 1310 Data collected with LE Response or Other 09/19/21 to 04/02/22

Crisis Data - dates 09/19/21 to 04/02/22

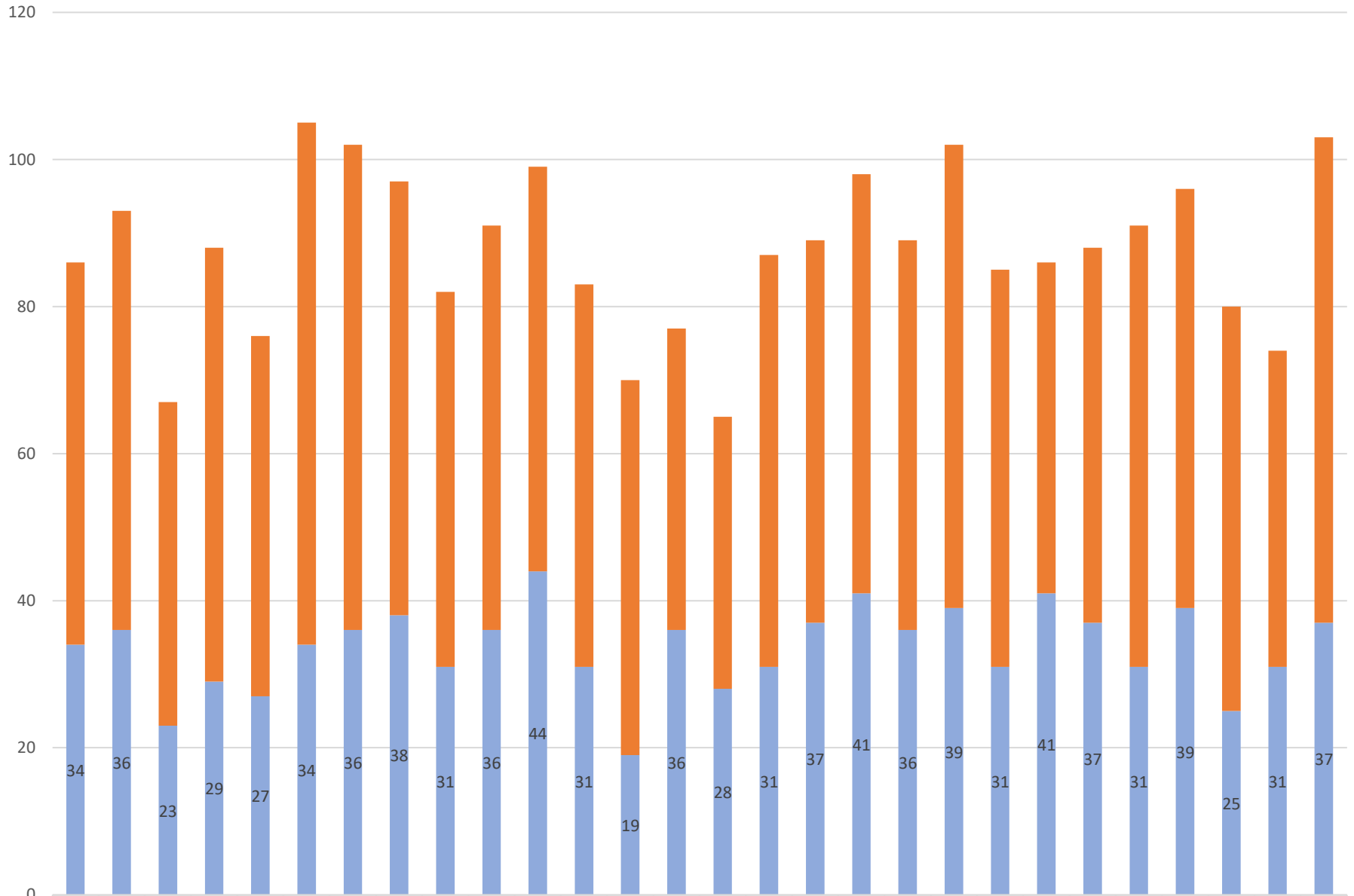


Crisis Data: Ages 0-17 - dates 09/19/21 to 04/02/22



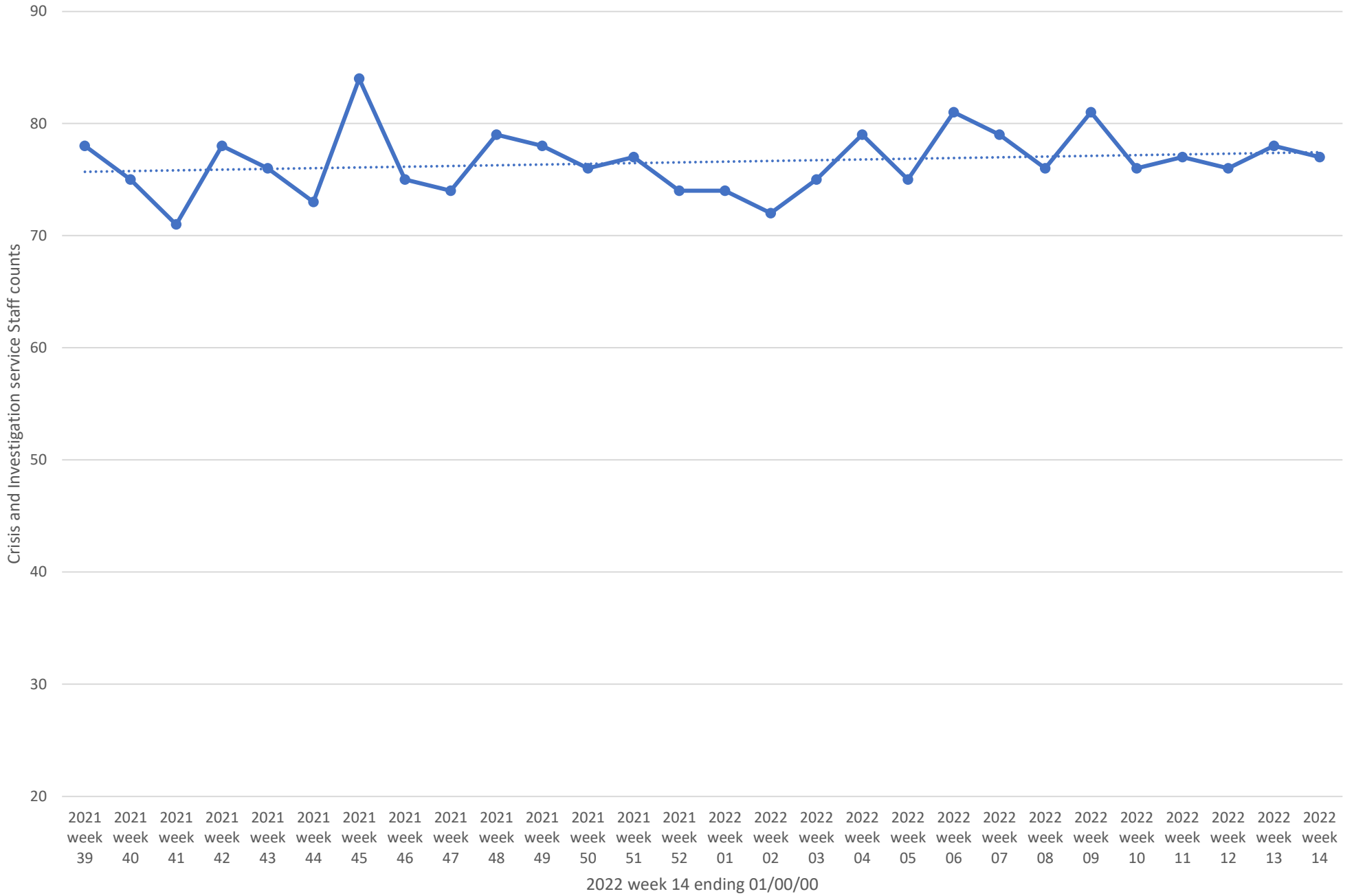
— Crisis Service
 — Investigation
 — Crisis Call
 ⋯ Linear (Crisis Service)
 ⋯ Linear (Investigation)
 ⋯ Linear (Crisis Call)

All DCR Dispatches - dates 09/19/21 to 04/02/22

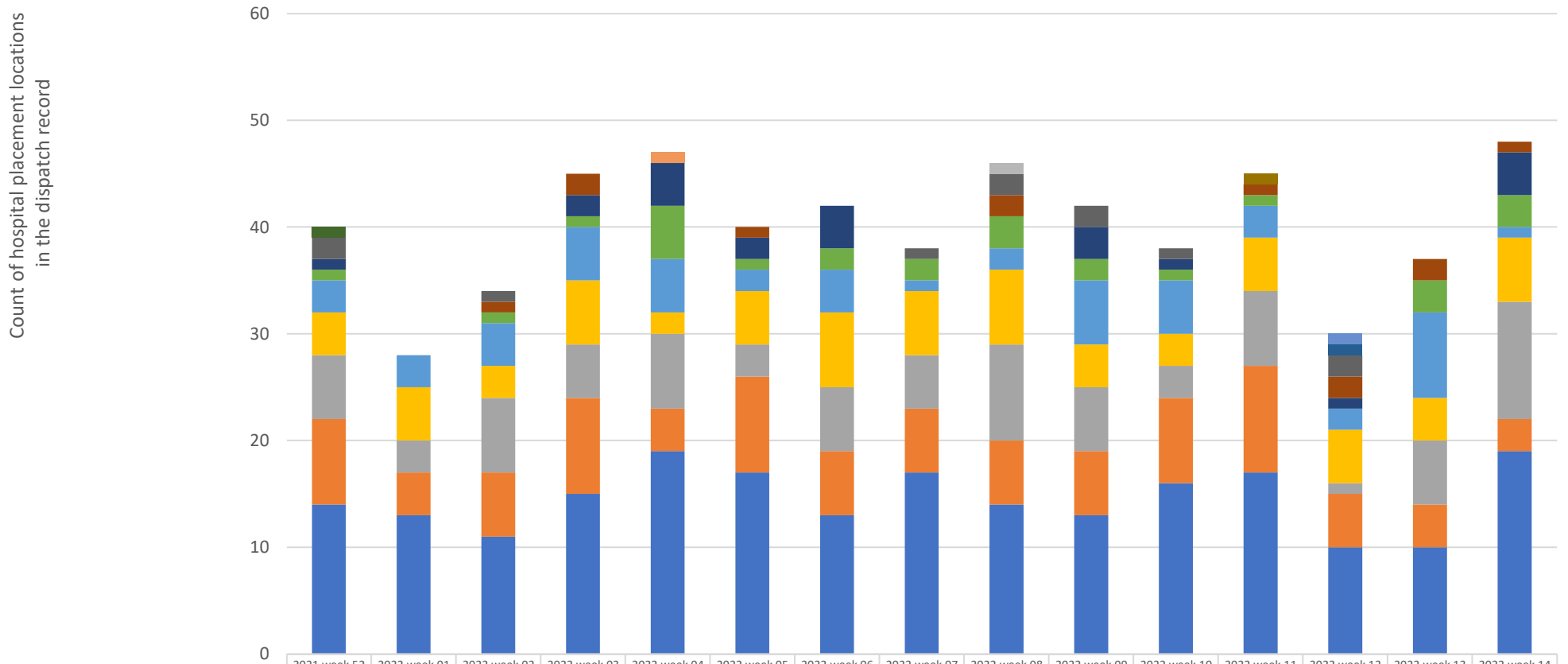


dispatch resulting in other outcome	52	57	44	59	49	71	66	59	51	55	55	52	51	41	37	56	52	57	53	63	54	45	51	60	57	55	43	66
dispatch resulting in detention	34	36	23	29	27	34	36	38	31	36	44	31	19	36	28	31	37	41	36	39	31	41	37	31	39	25	31	37

Weekly Staff Count - Staff providing Crisis or Investigation services 09/19/21 to 04/02/22

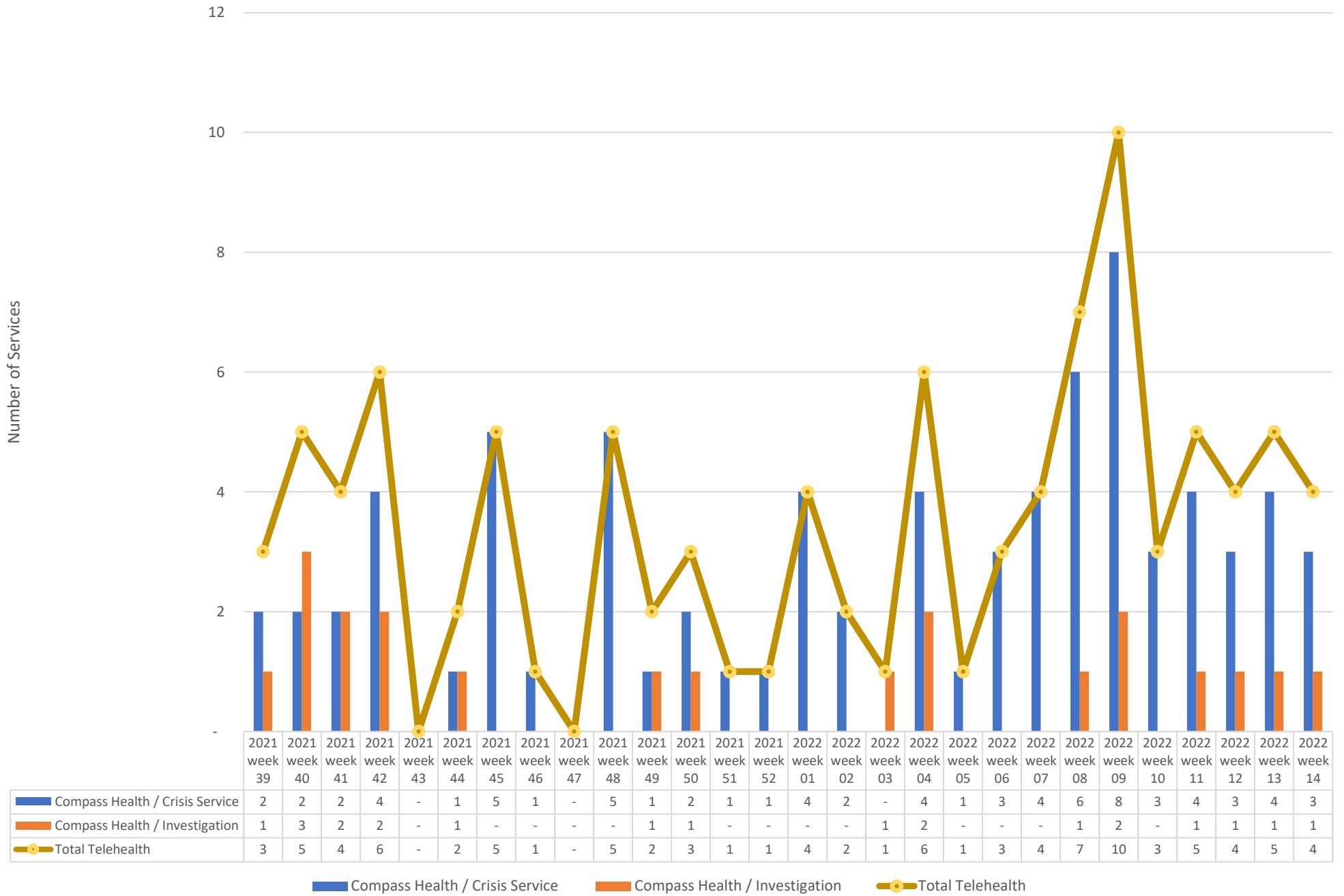


Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

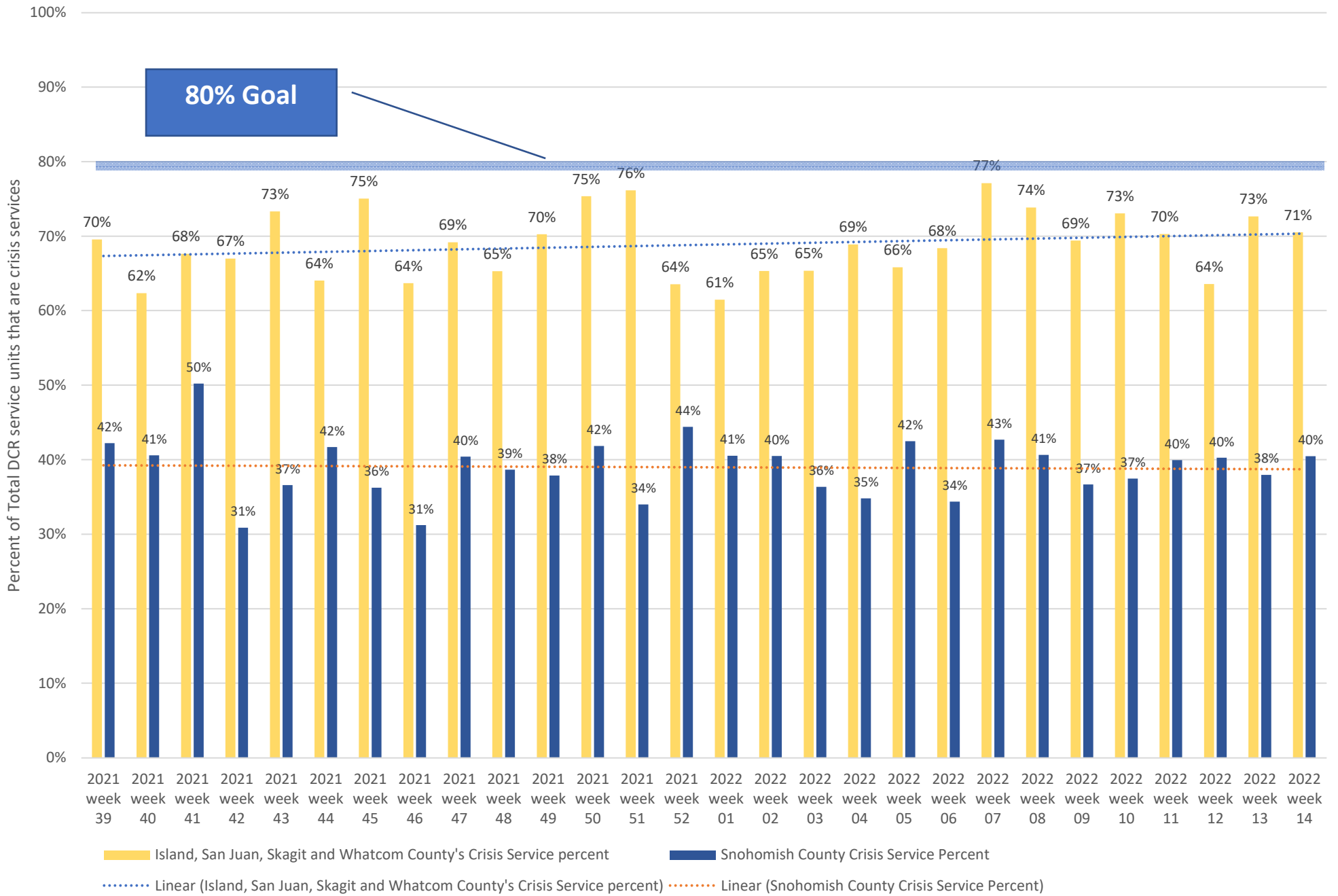


	2021 week 52	2022 week 01	2022 week 02	2022 week 03	2022 week 04	2022 week 05	2022 week 06	2022 week 07	2022 week 08	2022 week 09	2022 week 10	2022 week 11	2022 week 12	2022 week 13	2022 week 14
■ South Sound Vest Thurston									1						
■ SWEDISH MEDICAL CENTER CHERRY HILL					1										
■ THURSTON/MASON EandT FACILITY													1		
■ Cascade Behavioral Hospital LLC	1														
■ Pierce EandT TELECARE													1		
■ Telecare Mental Health Serv Of WA												1			
■ ABHS Chehalis	2		1					1	2	2	1		2		
■ Mukilteo			1	2		1			2			1	2	2	1
■ BHC Fairfax Hospital INC	1			2	4	2	4			3	1		1		4
■ Telecare North Sound Evaluation and Treatment	1		1	1	5	1	2	2	3	2	1	1		3	3
■ SMOKEY POINT BEHAVIORAL HOSPITAL	3	3	4	5	5	2	4	1	2	6	5	3	2	8	1
■ Skagit Valley Hospital	4	5	3	6	2	5	7	6	7	4	3	5	5	4	6
■ SWEDISH EDMONDS	6	3	7	5	7	3	6	5	9	6	3	7	1	6	11
■ Peacehealth Bellingham	8	4	6	9	4	9	6	6	6	6	8	10	5	4	3
■ Providence Everett	14	13	11	15	19	17	13	17	14	13	16	17	10	10	19

Telehealth only, crisis and investigation services from 09/19/21 to 04/02/22



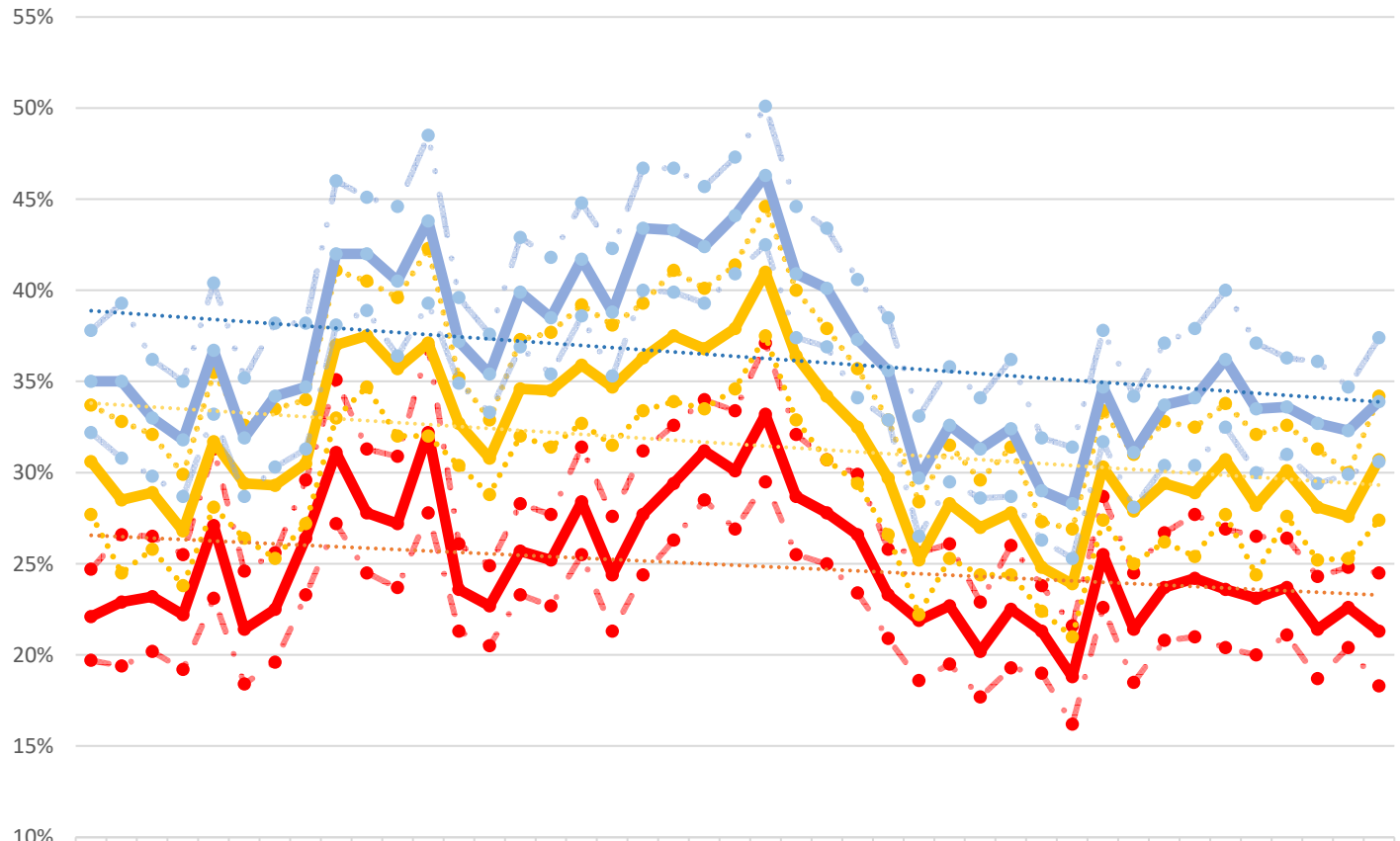
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

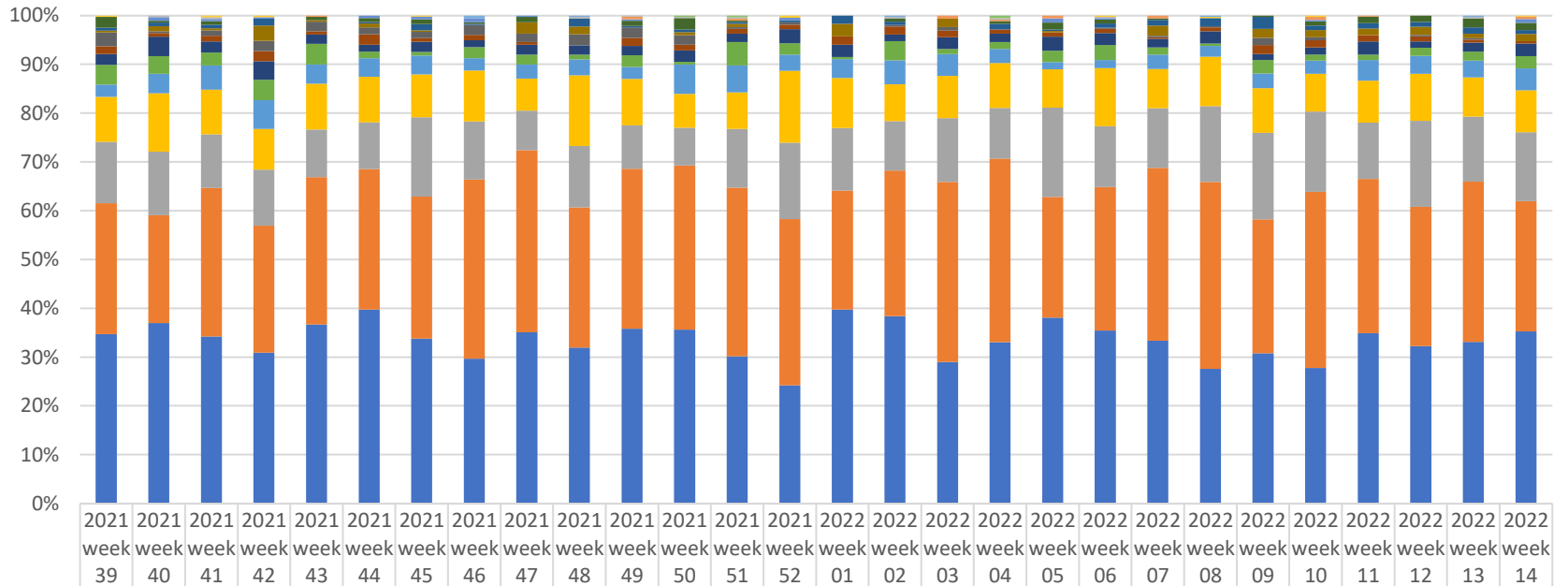
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 4<#r#q#p#hulfd#q#k#rxv#krg#v#Wkh#
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<https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Report/8pt5-q6wp>



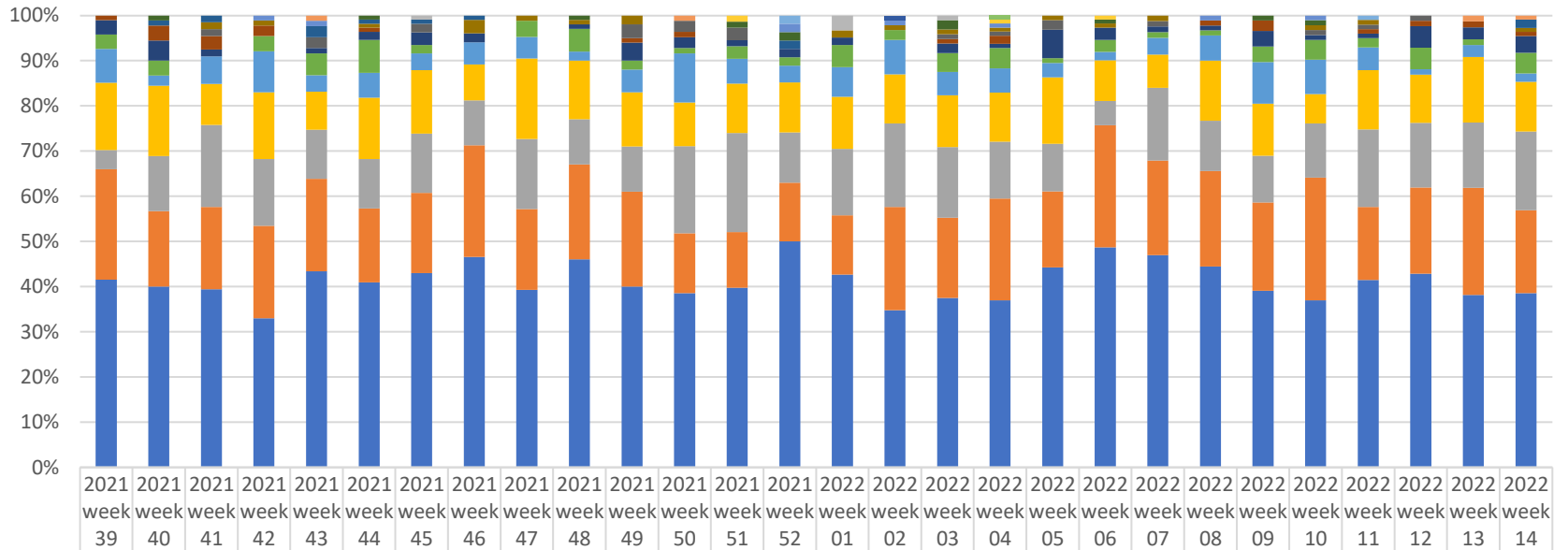
	23 Apr -05	07 May	14 May	21 May	28 May -02	04 Jun	11 Jun	18 Jun	25 Jun	02 Jul	09 Jul	16 Jul	23 Jul	30 Jul	06 Aug	13 Aug	20 Aug	27 Aug	03 Sep	10 Sep	17 Sep	24 Sep	01 Oct	08 Oct	15 Oct	22 Oct	29 Oct	05 Nov	12 Nov	19 Nov	26 Nov	03 Dec	10 Dec	17 Dec	24 Dec	31 Dec	07 Jan	14 Jan	21 Jan	28 Jan	04 Feb	11 Feb	18 Feb	25 Feb	03 Mar	10 Mar	17 Mar	24 Mar	31 Mar	07 Apr	14 Apr	21 Apr	28 Apr -10	05 May	12 May	19 May	26 May -07	02 Jun	09 Jun	16 Jun	23 Jun	30 Jun	07 Jul	14 Jul	21 Jul	28 Jul	04 Aug	11 Aug	18 Aug	25 Aug	01 Sep	08 Sep	15 Sep	22 Sep	29 Sep	06 Oct	13 Oct	20 Oct	27 Oct	03 Nov	10 Nov	17 Nov	24 Nov	01 Dec	08 Dec	15 Dec	22 Dec	29 Dec	05 Jan	12 Jan	19 Jan	26 Jan	02 Feb	09 Feb	16 Feb	23 Feb	02 Mar
% with Symptoms of Depressive Disorder low conf. level	20%	19%	20%	19%	23%	18%	20%	23%	27%	25%	24%	28%	21%	21%	23%	23%	26%	21%	24%	26%	29%	27%	30%	26%	25%	23%	21%	19%	20%	18%	19%	19%	16%	23%	19%	21%	20%	20%	21%	19%	20%	18%																																																							
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% with Symptoms of Anxiety Disorder low conf. level	28%	25%	26%	24%	28%	26%	25%	27%	33%	35%	32%	32%	30%	29%	32%	31%	33%	32%	33%	34%	34%	35%	38%	33%	31%	29%	27%	22%	25%	24%	24%	22%	21%	27%	25%	26%	25%	28%	24%	28%	25%	28%	24%	25%	27%																																																				
% with Symptoms of Anxiety Disorder value	31%	29%	29%	27%	32%	29%	31%	37%	38%	36%	37%	33%	31%	35%	35%	36%	35%	36%	38%	37%	38%	41%	36%	34%	33%	30%	25%	28%	27%	28%	25%	24%	30%	28%	29%	29%	31%	28%	30%	33%	33%	34%	32%	33%	31%	30%	34%																																																		
% with Symptoms of Anxiety Disorder high conf. level	34%	33%	32%	30%	36%	33%	34%	41%	41%	40%	42%	35%	33%	37%	38%	39%	38%	39%	41%	40%	41%	45%	40%	38%	36%	33%	28%	32%	30%	31%	27%	27%	33%	31%	33%	33%	34%	32%	33%	34%	32%	33%	31%	30%	34%																																																				
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% with Symptoms of Anxiety or Depressive Disorder value	35%	35%	33%	32%	37%	32%	34%	42%	42%	41%	44%	37%	35%	40%	39%	42%	39%	43%	43%	42%	44%	46%	41%	40%	37%	36%	30%	33%	31%	32%	29%	28%	35%	31%	34%	34%	36%	34%	34%	33%	32%	34%																																																							
% with Symptoms of Anxiety or Depressive Disorder high conf. level	38%	39%	36%	35%	40%	35%	38%	46%	45%	45%	49%	40%	38%	43%	42%	45%	42%	47%	47%	46%	47%	50%	45%	43%	41%	39%	33%	36%	34%	36%	32%	31%	38%	34%	37%	38%	40%	37%	36%	36%	35%	37%																																																							

Place of Service -Crisis Services, percent of total by week



	2021 week 39	2021 week 40	2021 week 41	2021 week 42	2021 week 43	2021 week 44	2021 week 45	2021 week 46	2021 week 47	2021 week 48	2021 week 49	2021 week 50	2021 week 51	2021 week 52	2022 week 01	2022 week 02	2022 week 03	2022 week 04	2022 week 05	2022 week 06	2022 week 07	2022 week 08	2022 week 09	2022 week 10	2022 week 11	2022 week 12	2022 week 13	2022 week 14	
Custodial Care Facility												1	1					2											
Nursing Facility								2		1						1						1						1	
Community Mental Health Center	1		1	1			1							1						1		1		1				1	
Skilled Nursing Facility		1	1							1	1	1	1			1		1		1								1	
Group Home					1						2		1				2	1	2		2			2	1			2	
Psych. Residential		2	1	1		2	2	3	1		1			1					3	1					1			3	
School	7	1	2		2	3	4	1	4		4	8	1			2		2	5	3	1		1	3	5	4	6	6	
Telehealth	2	2	2	4		1	5	1		5	1	2	1	1	4	2		4	1	3	4	6	8	3	4	3	4	3	
Homeless Shelter	1	3	1	9	1	3	1		8	5		2	2		6		5		1		7		6	5	5	5	3	6	
On Campus Outpatient Hospital	9	1	3	6	6	5	5	7	6	7	8	7	1	1		1	2			1	1	1	5	2		1	1		
Inpatient Hospital	5	2	3	6	2	8	3	4	2		6	4	3	2	4	5	4	3	3	3	3	1	3	6	5	5	3	2	2
Inpatient Psychiatric Facility	7	11	6	11	6	5	8	5	7	6	7	8	5	6	6	4	7	6	10	9	6	9	4	5	10	4	6	10	
Assisted Living Facility	13	10	7	12	13	5	3	8	7	3	9	2	14	5	1	12	3	5	8	11	5	2	9	4	4	5	6	10	
Prison Correctional Facility	8	11	13	17	12	14	15	9	10	10	9	21	16	7	9	15	13	10	5	6	10	8	10	9	16	11	11	18	
Emergency Room Hospital	29	33	24	24	29	34	34	37	23	45	35	24	22	31	24	23	25	32	27	43	27	37	30	26	32	29	26	34	
Home	40	36	29	33	30	35	63	42	28	39	33	27	35	33	30	31	38	36	63	45	41	57	58	55	43	53	43	56	
Other Place of Service	85	61	80	75	93	105	113	130	130	89	121	117	101	72	57	91	107	131	85	106	119	140	90	121	118	86	106	106	
Office	110	102	90	89	113	145	131	105	122	99	132	124	88	51	93	117	84	115	131	128	112	101	101	93	130	97	107	140	

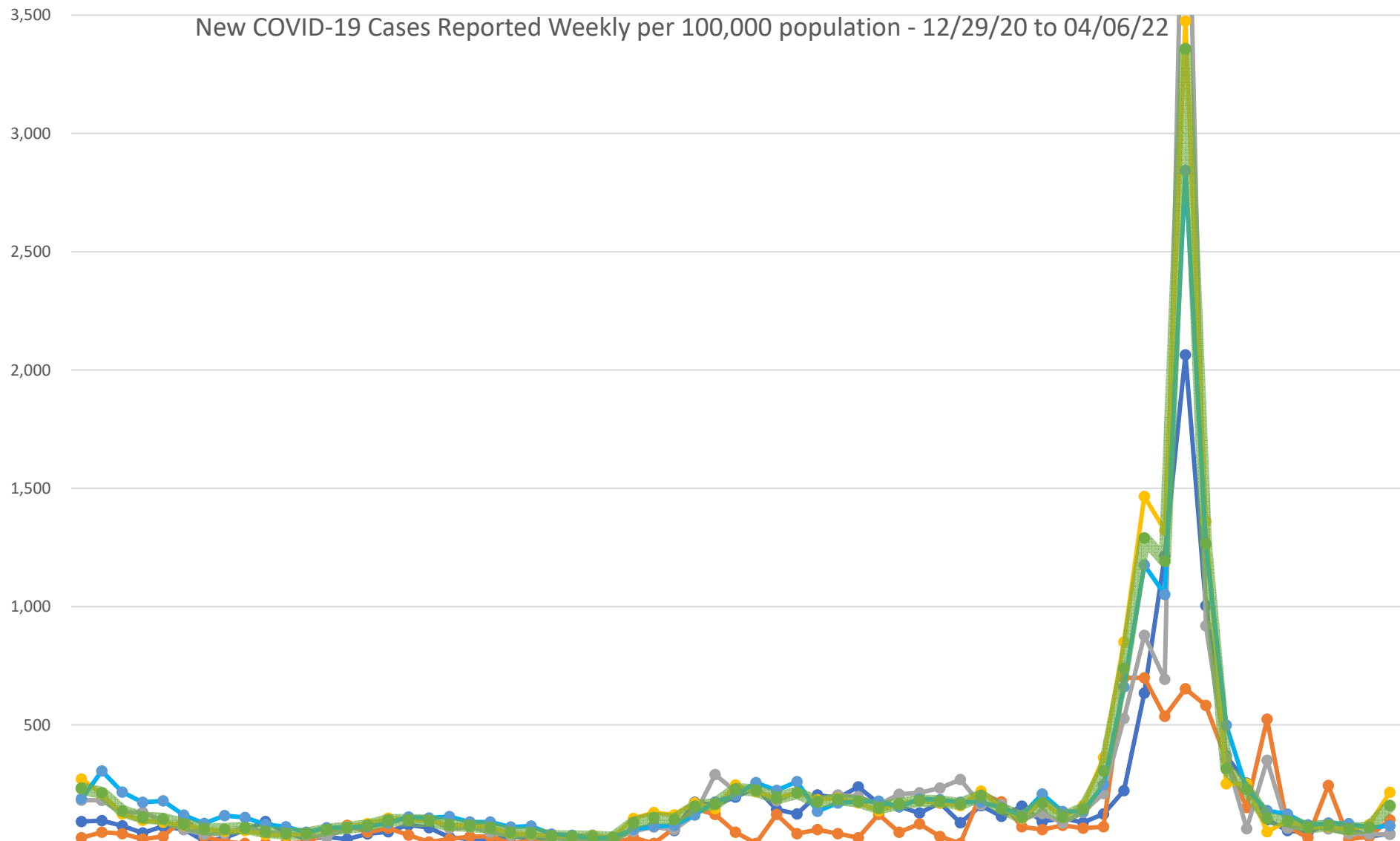
Place of Service -Investigations, percent of total by week



	2021 week 39	2021 week 40	2021 week 41	2021 week 42	2021 week 43	2021 week 44	2021 week 45	2021 week 46	2021 week 47	2021 week 48	2021 week 49	2021 week 50	2021 week 51	2021 week 52	2022 week 01	2022 week 02	2022 week 03	2022 week 04	2022 week 05	2022 week 06	2022 week 07	2022 week 08	2022 week 09	2022 week 10	2022 week 11	2022 week 12	2022 week 13	2022 week 14	
Nursing Facility																1													
Custodial Care Facility																		1											
Residential SUD														1										1					
Skilled Nursing Facility													1					1		1									
Homeless Shelter							1								2		1												
School				1							1																1	1	
Community Mental Health Center				1	1									1		1		1				1		1					
On Campus Outpatient Hospital		1				1				1			1	1			2			1			1	1					
Psych. Residential		1	1		2	1	1	1						1														2	
Assisted Living Facility			1	1		1		3	1	1	2				1	1	1	1	1	1	1			1	1			1	
Group Home			1		2		2				3	2	2				1	1	2		1			1	1	1			
Telehealth	1	3	2	2		1					1	1					1	2				1	2			1	1	1	1
Home	3	4	1		1	2	3	2		1	4	2	1	1	1		2	1	6	3	1	1	3	1	1	4	2	4	
Office	3	3		3	4	8	2		3	5	2	1	2	1	3	2	4	5	1	3	1	1	3	4	2	4	1	5	
Inpatient Hospital	7	2	4	8	3	6	4	5	4	2	5	9	4	2	4	7	5	6	3	2	3	5	8	7	5	1	2	2	
Inpatient Psychiatric Facility	14	14	6	13	7	15	15	8	15	13	12	8	8	6	7	10	11	12	14	10	6	12	10	6	13	9	11	12	
Prison Correctional Facility	4	11	12	13	9	12	14	10	13	10	10	16	16	6	9	17	15	14	10	6	13	10	9	11	17	12	11	19	
Other Place of Service	23	15	12	18	17	18	19	25	15	21	21	11	9	7	8	21	17	25	16	30	17	19	17	25	16	16	18	20	
Emergency Room Hospital	39	36	26	29	36	45	46	47	33	46	40	32	29	27	26	32	36	41	42	54	38	40	34	34	41	36	29	42	

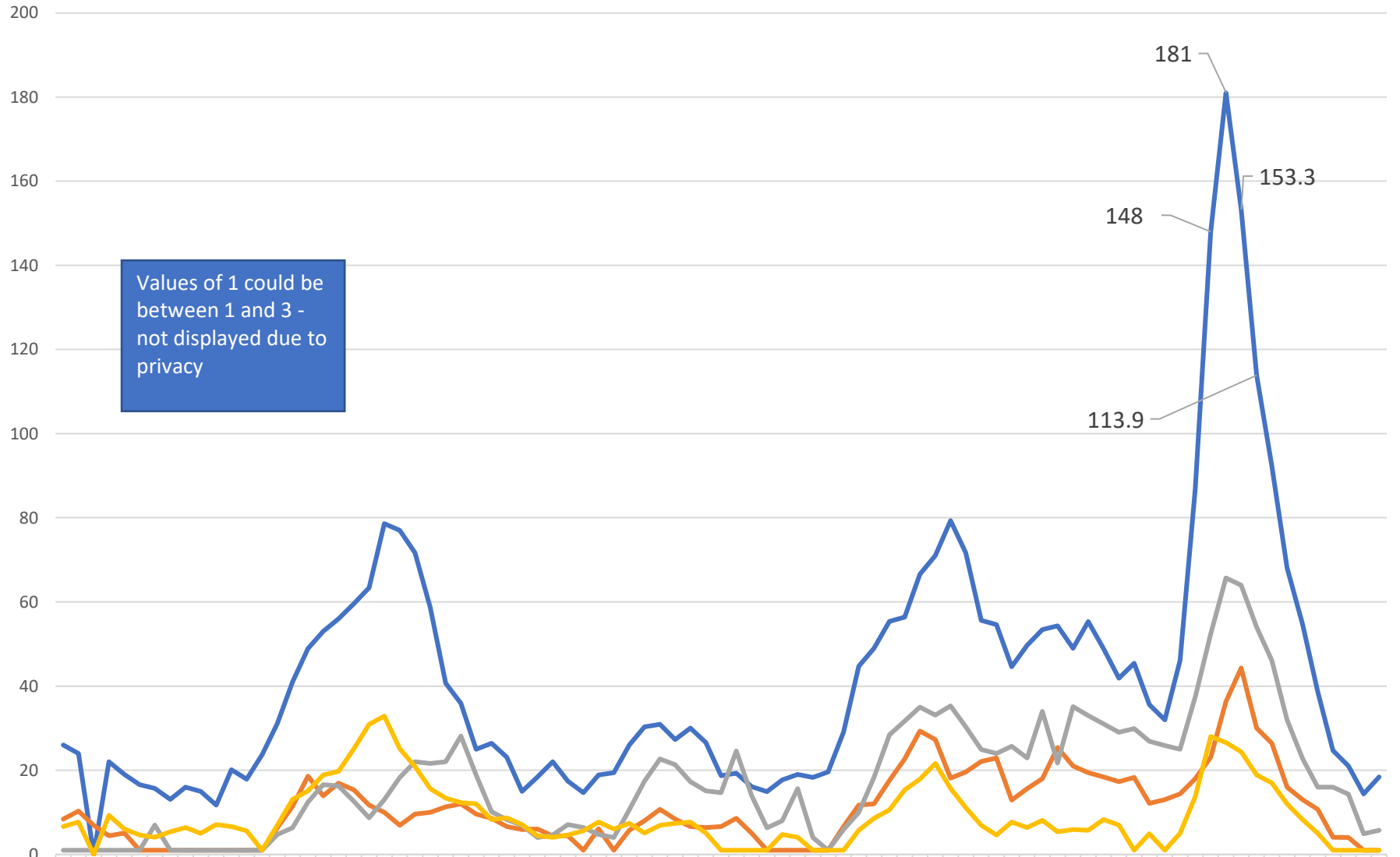
New COVID-19 Cases Reported Weekly per 100,000 population - 12/29/20 to 04/06/22

New Cases reported weekly per 100,000



	2021 12 29	2021 12 30	2021 12 31	2022 01 01	2022 01 02	2022 01 03	2022 01 04	2022 01 05	2022 01 06	2022 01 07	2022 01 08	2022 01 09	2022 01 10	2022 01 11	2022 01 12	2022 01 13	2022 01 14	2022 01 15	2022 01 16	2022 01 17	2022 01 18	2022 01 19	2022 01 20	2022 01 21	2022 01 22	2022 01 23	2022 01 24	2022 01 25	2022 01 26	2022 01 27	2022 01 28	2022 01 29	2022 01 30	2022 01 31	2022 02 01	2022 02 02	2022 02 03	2022 02 04	2022 02 05	2022 02 06	2022 02 07	2022 02 08	2022 02 09	2022 02 10	2022 02 11	2022 02 12	2022 02 13	2022 02 14	2022 02 15	2022 02 16	2022 02 17	2022 02 18	2022 02 19	2022 02 20	2022 02 21	2022 02 22	2022 02 23	2022 02 24	2022 02 25	2022 02 26	2022 02 27	2022 02 28	2022 02 29	2022 03 01	2022 03 02	2022 03 03	2022 03 04	2022 03 05	2022 03 06	2022 03 07	2022 03 08	2022 03 09	2022 03 10	2022 03 11	2022 03 12	2022 03 13	2022 03 14	2022 03 15	2022 03 16	2022 03 17	2022 03 18	2022 03 19	2022 03 20	2022 03 21	2022 03 22	2022 03 23	2022 03 24	2022 03 25	2022 03 26	2022 03 27	2022 03 28	2022 03 29	2022 03 30	2022 03 31	2022 04 01	2022 04 02	2022 04 03	2022 04 04	2022 04 05	2022 04 06
Island	92	95	74	44	72	59	11	22	57	92	47	19	27	18	40	48	78	66	26	18	17	28	21	26	29	34	12	59	75	54	17	16	19	23	14	12	20	19	23	16	15	12	17	87	15	11	15	92	10	88	12	22	63	1	2	2	2	37	25	10	54	44	85	64	28	40																																		
San Juan	23	47	41	17	29	10	29	6	-	-	-	6	41	76	47	64	35	6	17	29	29	-	12	-	-	-	23	-	64	14	12	47	-	12	41	58	41	23	12	47	82	29	-	21	17	70	58	76	64	70	70	70	53	65	58	35	15	52	70	23	24	17	29	99																																				
Skagit	18	18	13	13	94	58	39	42	68	47	41	34	26	63	72	10	10	10	63	69	47	33	34	27	14	16	15	50	69	58	12	29	22	22	18	21	18	20	19	16	20	21	23	27	16	16	10	12	86	13	21	52	87	69	4	92	36	62	35	64	70	60	41	39	38																																			
Snohomish	27	20	12	97	89	76	62	51	54	37	33	43	64	70	83	10	97	97	76	76	69	42	39	31	30	32	27	10	13	12	17	14	24	21	19	21	18	19	17	13	16	18	17	15	22	14	10	17	11	16	36	85	1	1	3	1	25	25	49	94	69	71	56	79	21																																			
Whatcom	18	30	21	17	18	11	83	11	10	80	70	47	66	68	71	86	11	10	11	90	90	69	73	39	34	22	26	59	72	76	12	17	20	25	22	26	13	17	17	15	18	18	17	17	15	11	20	13	13	24	66	1	1	2	1	50	22	13	12	78	85	83	67	74																																				
Region	23	21	13	10	10	81	60	59	65	49	41	40	58	65	76	98	98	96	77	73	66	44	43	31	29	28	24	87	10	10	15	16	23	19	21	17	18	17	14	16	18	17	16	20	14	11	17	11	14	30	74	1	1	3	1	31	22	10	93	68	76	59	69	15																																				

Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



Values of 1 could be between 1 and 3 - not displayed due to privacy

7/30/20 7/31/20 8/1/20 8/2/20 8/3/20 8/4/20 8/5/20 8/6/20 8/7/20 8/8/20 8/9/20 8/10/20 8/11/20 8/12/20 8/13/20 8/14/20 8/15/20 8/16/20 8/17/20 8/18/20 8/19/20 8/20/20 8/21/20 8/22/20 8/23/20 8/24/20 8/25/20 8/26/20 8/27/20 8/28/20 8/29/20 8/30/20 9/1/20 9/2/20 9/3/20 9/4/20 9/5/20 9/6/20 9/7/20 9/8/20 9/9/20 9/10/20 9/11/20 9/12/20 9/13/20 9/14/20 9/15/20 9/16/20 9/17/20 9/18/20 9/19/20 9/20/20 9/21/20 9/22/20 9/23/20 9/24/20 9/25/20 9/26/20 9/27/20 9/28/20 9/29/20 9/30/20 10/1/20 10/2/20 10/3/20 10/4/20 10/5/20 10/6/20 10/7/20 10/8/20 10/9/20 10/10/20 10/11/20 10/12/20 10/13/20 10/14/20 10/15/20 10/16/20 10/17/20 10/18/20 10/19/20 10/20/20 10/21/20 10/22/20 10/23/20 10/24/20 10/25/20 10/26/20 10/27/20 10/28/20 10/29/20 10/30/20 11/1/20 11/2/20 11/3/20 11/4/20 11/5/20 11/6/20 11/7/20 11/8/20 11/9/20 11/10/20 11/11/20 11/12/20 11/13/20 11/14/20 11/15/20 11/16/20 11/17/20 11/18/20 11/19/20 11/20/20 11/21/20 11/22/20 11/23/20 11/24/20 11/25/20 11/26/20 11/27/20 11/28/20 11/29/20 11/30/20 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Prov. Everett	26	24	0	22	19	17	16	13	16	15	12	20	18	24	31	41	49	53	56	60	63	79	77	72	59	41	36	25	26	23	15	18	22	17	15	19	19	26	30	31	27	19	19	16	15	18	19	18	20	29	45	49	55	56	67	71	79	72	56	55	45	50	53	44	49	55	49	44	25	36	32	46	71	14	18	15	11	19	26	55	39	25	21	14	18			
SVH	8	10	7	4	5	1	1	1	1	1	1	1	1	1	6	11	19	14	17	15	12	10	7	10	10	11	12	10	9	7	6	6	4	4	1	6	1	6	8	11	8	7	6	7	9	5	1	1	1	1	1	7	12	12	18	23	29	27	18	20	22	23	13	16	18	25	21	19	18	17	18	12	13	14	18	23	36	44	30	26	16	13	11	4	4	1	1	
ST Joe	1	1	1	1	1	1	7	1	1	1	1	1	1	1	1	5	6	12	17	16	13	9	13	18	22	22	22	28	19	10	8	7	4	5	7	6	5	4	11	17	23	21	17	15	15	25	14	6	8	16	4	1	6	10	18	28	32	35	33	35	30	25	24	26	23	34	22	35	33	31	29	30	27	26	25	37	52	66	64	54	46	32	23	16	16	14	5	6
Swedish Edmonds	7	8	0	9	6	5	4	5	6	5	7	6	1	7	13	15	19	20	25	31	33	25	21	16	13	12	8	9	7	4	4	5	6	8	6	7	5	7	7	8	5	1	1	1	1	1	5	4	1	1	1	6	9	11	15	18	22	16	11	7	5	8	6	8	5	6	6	8	7	1	5	1	5	14	28	27	24	19	17	12	8	5	1	1	1	1		



North Sound Behavioral Health Administrative Services Organization: Three Year Update

Prepared by:

Joe Valentine, Executive Director

For

North Sound County Elected Officials

Spring, 2022

Presentation Goals

- What is the North Sound Behavioral Health Administrative Services Organization [BH-ASO]?
- Brief History
- Overview of Programs
- Crisis Services
- How do BH-ASO Programs Affect Counties?
- Questions

What is the North Sound BH-ASO?

- One of seven (7) County-Administered Regional BH-ASOs
- Health Care Authority contracts with BH-ASOs to administer Crisis Services and other non-Medicaid behavioral health programs
- The North Sound BH-ASO is a Limited Liability Corporation administered by the five counties through an interlocal agreement
- County Elected Officials serve on the Board of Directors
- An Advisory Board is composed of at least 51% of its members with lived experience. There are also two law enforcement representatives

Brief History

Milestone Date	Event
1988	Legislation to create “Regional Support Networks” [RSNs] to administer community based mental health services
1989	Five (5) North Sound counties sign the first Interlocal Agreement to create North Sound RSN
1994	State creates a Medicaid “capitated” financing system allocating a fixed amount of funding for each person on Medicaid
2006	Mental health financing moved to a managed care model – RSNs “at risk” for hospital costs
2016	State integrates Medicaid funding for both Mental Health and Substance Abuse Services – RSNs are converted to Behavioral Health Organizations. North Sound BHO is re-organized as Limited Liability Corporation – new Interlocal Agreement Signed
July 2019	Medicaid funding for behavioral health services moved to the 5 Medicaid Managed Care Organizations – the North Sound BHO is converted to a BH-ASO. Interlocal Agreement is updated.

North Sound BH-ASO Operating Budget: 2018 - 2022

North Sound BH-ASO 2022 Operating Budget:

<https://nsbhaso.org/who-we-are/boards-and-committees/board-of-directors>

Year	Revenues	Expenditures
2018 Adopted	\$147,775,296	\$147,775,296
2020 Adopted	\$24,619,370	\$24,619,370
2021 Amended	\$31,338,766	\$31,338,766
2022 Adopted	\$38,951,174	\$38,951,174

North Sound BH-ASO

Operating Budget: Fund Sources

- Medicaid – capitated reimbursements from MCOs for Crisis Services
- State General Fund – Flexible
- State General Fund – Provisos
- Federal Mental Health Block Grant
- Federal Substance Abuse Block Grant
- Department of Commerce Housing Assistance
- Federal Opioid Treatment Grant

North Sound BH-ASO Programs: Crisis Services

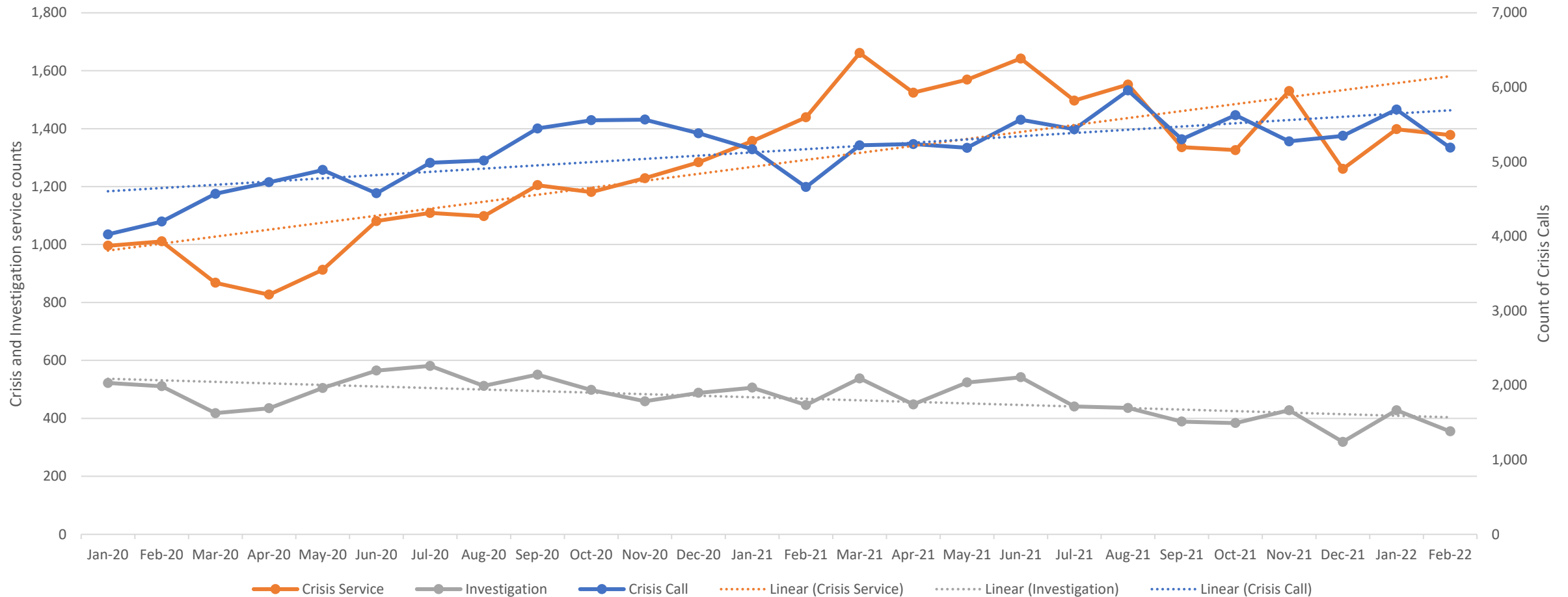
- 24-hour crisis line operated by Volunteers of America
- Mobile Crisis Outreach Teams – Snohomish County Human Services and Compass Health
- Involuntary Treatment Commitment Services provide by Designated Crisis Responders
- Mental Health and Substance Abuse Crisis Stabilization Facilities
- (2) Evaluation & Treatment Facilities
- Involuntary Hospitalization

North Sound BH-ASO Programs: Non-Medicaid Services

- Outpatient Mental Health and Substance Abuse Treatment
- Inpatient Residential Treatment
- Community Outreach and Co-Responder
- Case Management Services
- Jail Transition and Diversion Services
- Psychiatric Hospital Transition Services
- Pregnant and Parenting Housing Support Services
- Housing Rental Assistance and Case Management Services

Crisis Services: 2020 – 2022

North Sound BH-ASO Crisis Data - dates Jan-20 to Feb-22



How do BH-ASO Programs Affect Counties?

- Over \$38 million investment in regional behavioral health programs
- Supports sustainability of the behavioral health network of agencies and facilities – including county owned behavioral health facilities for which the former NS BHO provided \$6 million seed money
- BH-ASO funding complements programs funded with county local dollars such as 1/10 of 1% dollars
- BH-ASO funded crisis services and community outreach programs help divert persons from jail and hospitals

How do BH-ASO Programs Affect Counties?

- Improve and support the coordination of behavioral health services with First Responders
- Outreach and engagement with homeless persons struggling with behavioral health problems such as substance abuse
- Reduction in suicide risk and violent behaviors due to behavioral health disorders

Challenges Facing the BH-ASO and Counties

- Behavioral Health Workforce Shortages
- Lingering affect of COVID on behavioral health – especially among youth
- Continued high rates of Opioid and polysubstance abuse addiction
- Continued high rates of homelessness and shortages of supportive housing
- Fragmented behavioral health system – lack of coordination between Medicaid funding, State General Fund, Federal Block Grant and County local dollars

Questions?

Contact Information:

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Note: The current *North Sound BH-ASO Board of Directors Roster* has been included as a separate attachment for your reference.



Empowering individuals and families to improve their health and well-being.

Serving Island, San Juan, Skagit, Snohomish and Whatcom Counties